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ABOVE: There were massive celebrations last Saturday in Colwinston when the village's long-distance cycle team returned home. The five cyclists and support team (pictured above) had conquered the John O'Groats to Land's End challenge to raise much-needed funds for Velindre Cancer Care.
(FOR A FULL REPORT AND MORE PHOTOGRAPHS, TURN TO PAGE 6).

VALE SHOW SEES OFF THE WEATHER WORRIES!

IT took a little while before people were convinced that the weather forecast was accurate, but by late morning crowds were once again flocking to the Vale of Glamorgan Show at Fonmon yesterday (Wednesday).

The show proudly claims the title of '*best one-day agricultural show*' – but that does come with a risk of being hit hard by bad weather.

Early morning rain led to a few misgivings, but well before lunch, the car park was looking full and there was a steady stream of vehicles waiting patiently in line to get in.

Events in the open air, such as the equestrian competitions, were being followed by an enthusiastic audience; while the marquee attractions were doing just that – attracting large crowds looking to sample and buy the best, freshest, rural produce to be found anywhere.

As The GEM went to press, all the signs were pointing to another successful show. See next week's GEM for full coverage of this hugely popular event.

As a taster, see inside for pictures on page 30 by ANDY WICKS.

Fun Bike Ride to support the Marie Curie hospice

ON Sunday, August 27 (Bank Holiday Sunday), locals from the Edmondes Arms pub in Cowbridge will be holding a Fun Bike Ride to raise funds for Marie Curie Trust Holme Tower Hospice.

The event gets under way at 10am behind Cowbridge Town Hall and everyone is welcome to join in.

A spokesman said: "If you don't have a bike, no problem – Simon (from Cowbridge Cycle Centre) has come to the rescue, offering loan bikes for the event (contact Simon at his store on Bear Lane on 01446 773273).

"If cycling isn't for you, then donate, sponsor a friend or join us in the afternoon at the Edmondes Arms for a barbecue, live music and an evening auction with some fantastic lots, including: golf for four at Machynys; a luxury overnight stay at Coed-y-Mwster with evening meal; tickets to see Cardiff City; a Spa day at the Vale Resort.

CONTINUED ON PAGE 4

Residents are invited to join the Edmondes Arms' charity cycle ride.

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Brexit: the people have spoken!

I READ the GEM letter from Peterston-super-Ely regarding the recent Brexit vote only being 'advisory'.

In 1975, we had a referendum to join the then EEC, now the EU, which the majority voted in.

I understand that the result was 'advisory'.

The then Tory Government took us into Europe – as they are now taking us out – but we still keep getting letters in The GEM from the remoaners, complaining about the result.

What next after two referendums – rock, paper, scissors, tiddlywinks?

What will make these remoaners happy? The people have spoken, the votes have been counted – the result is Brexit.

Ashley Wallace, Barry.

'NO CHOICE FOR VOTERS'

I SUPPORT the arguments made in the letter by Jean Silvan Evans in last week's edition of The GEM that 84 per cent did not vote for Brexit.

In our 'first past the post' voting system, voters have no choice but vote Labour or Tory in most constituencies, unless they want to waste their vote – often voting against the less likeable party than the one they voted for.

It does not mean they necessarily support the Remain/Leave stance of either party.

I voted Remain and Labour, and I have not changed my mind, so I too am not in that spuriously conjured-up figure of 84 per cent.

It really is revealing that arguments offered by Leavers seem to fit that definition.

Marc Delaney, Barry.

Women's pensions: 'inconvenient truth'

I SEE in your newspaper that the WASPI advocates (Labour politicians to a man) using the campaign to knock the UK Government, have been at it again...

"The Tories should have informed women before they did in 2010!" they shout.

Well, that is quite possibly true. The Conservative Government in power when the original pensions legislation was passed in the House of Commons in 1995 could have, perhaps should have, made the public aware before it was removed from Government in 1997 by Blair's Labour.

The real scandal, however, is that the Labour Governments from 1997 to 2010 did nothing to advise women of what would happen.

The Tories did so within months of forming the coalition Government in 2010.

That Labour failed to do so, surely, is the sting in the tail for Labour's vociferous WASPI supporters.

A T Forbes, Llantwit Major.

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Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

• Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

'Elite will do anything to make EU work, whatever the cost to residents'

I READ with interest your letter from Labour supporter Jean Silvan Evans in The GEM last week.

I suppose she must know what the voting figures for the referendum for the new Welsh Assembly in 1997 were?

The result was a 50.3 per cent to 49.7 per cent split for, and that only 6,721 people made the difference. Did Jean think that was a "landslide" majority?

Only 50.22 per cent of the eligible electors, bothered to vote. Which if you follow the maths, slightly more than 25 per cent of Welsh voters actually wanted a Welsh Assembly.

Would she ask for a second referendum now that we know what they do? I would like one, because we have had to use a begging bowl to Europe ever since. Tony Blair's Labour, has a lot to answer for.

In our EU referendum, 72.21 per cent of the electorate of Great Britain voted, the largest ever, the leave majority was 1,269,501.

Even in Wales, the split was 52.5 per cent to 47.5 per cent for leaving, with a 71 per cent turn out – a majority of 82,025.

All the Labour-held seats voted leave. Does she think that her Labour compatriots who voted leave are morons and racists, who did not know what they were voting for? Look at the EU problems and the countries of southern Europe – 50 per cent youth unemployment, debt levels in the Eurozone are 90.4 per cent and uncontrolled immigration from outside Europe.

This should demonstrate to anyone with a thought for the future that the elite in Europe will do anything to make the EU work, no matter what the cost to the people who live there.

Before you think of a second referendum, remember they do not work well in the EU. In 2001, 2005 and 2008, some countries made a futile attempt to change things. They re-negotiated with the EU, got a Cameron-type response, revoted to accede and nothing in the end actually transpired; they were conned. I voted to leave and that is what will happen. We have been governing ourselves since 1707. We do not need help from a mainly unelected EU gravy train dictatorship to do this.

Now the EU are claiming that they have prevented a war in Europe since 1945 (let's forget about the Balkans War, 1991 to 1998, and the Ukraine uprising, 2004 to 2014).

This is an escape the Remoaners seem to be afraid of – get off your backsides and help with your future, why are you complaining?

Remember, an EU grant is your money – it does not come from a student-supported money tree. Do you really believe the people in the UK are incompetent, radical right-wing, centrists, and useless racists?

I am a floating voter and vote for people who will help our nation today – not yesterday.

And, finally, did she know that *"the bankers and multinationals have powerful lobbying positions in Europe and if you come in on their terms, they will tell you what you can and cannot do"* – a quote from a speech made by Tony Benn on March 25, 2013, a highly-respected Labour man.

Jeff Goodwin, Llantwit Major.

'The council must wake up to incinerator dangers'

THE Docks Incinerator Action Group (DIAG) would like to express its gratitude to the Leader of the Vale Council for coming out against the incinerator on Barry Docks.

Biomass, the developers of the incinerator, have replied to the 70 questions that Natural Resources Wales (NRW) asked them. Their replies are buried within a massive 1,000-plus page document.

DIAG are currently picking through this opaque and convoluted tome, examining the validity of Biomass's responses. We believe that many are inadequate.

So far, DIAG's main concerns are the risks to both the health of local people and to the finances of the Vale Council.

There is still no plan to respond to an accidental fire at the site. Such incidents are common, and can force nearby residents to evacuate their homes. But no plan is in place for how to achieve this in Barry's crowded side streets. There is no plan to re-house people in an emergency, no help for the infirm or elderly, no arrangements for continued schooling for affected children. There is no plan for cleaning up the pollution left in the aftermath of a fire. Pollution that seeps into the dock will have to be cleared, but this would be difficult and very expensive.

The Vale Council must wake up to the dangers of the incinerator regarding health and financial implications.

They must act now, or they will miss the opportunity to make representations to Natural Resources Wales, to ensure that all health and safety regulations are strictly enforced.

The council has previously claimed it has no part to play in the process with NRW. We believe they are badly wrong about this, and that they must act on their obligations to protect the people of Barry.

Alexis Liosatos, Chairman of DIAG.

Who signed petition?

WITH reference to the letter in The GEM of July 27 regarding Barry's Memorial Hall, I have visited the Memo and the cinema on several occasions, but I haven't seen many of the 10,000 people who signed the 'Save our Cinema' campaign there.

Ashley Wallace, Barry.

Solution to bus problem

I HAVE total sympathy with the residents of Highlight Park, who are left with no bus service every afternoon and all weekends.

This unacceptable situation is harder to accept while the T9 bus rattles along Port Road, polluting the air and only carrying the driver.

Two other services circle the town, numbers 97 and 97a; wouldn't it be a good idea to take bus 98 off the road and extend one of those services to include Highlight Park?

One less driver and one less bus – and a problem solved, as far as I can see.

Malcolm Wilson, Barry.

Who are these buses for?

WE were extremely disappointed to see the recent revisions to the 98 bus service between Highlight Park and King Square, Barry.

Despite repeatedly highlighting the problems with the operator, Cardiff Bus, we have seen no meaningful change to the timetable at all!

This vital route remains totally useless to anyone starting work early in the morning, or with appointments in the afternoon, and finishes far too early to help people returning home from work later in the day.

You have to wonder who they're aiming the service at?

We all know that Welsh Government cuts to the Bus Service Operators Grant have led to the loss of services across the Vale, but this route is a vital lifeline for Barry residents, who could struggle to access vital medical appointments without a proper, reliable service.

Meanwhile, the Welsh Labour Government has just made the T9 free on the weekend, increasing its taxpayer-funded subsidy by tens of thousands of pounds a year. You couldn't make it up!

Councillors Vincent Bailey and Leighton Rowlands, Barry.

Go to **The GEM** for the latest stories and breaking news...
www.glamorgan-gem.co.uk

HIGH TIDE TIMES

(UNTIL AUGUST 17)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
10 Thur	08.58	9.5	21.16	9.8
11 Fri	09.31	9.7	21.52	9.6
12 Sat	10.10	9.5	22.31	9.4
13 Sun	10.49	9.3	23.09	9.1
14 Mon	11.30	8.9	23.58	8.7
15 Tues			12.24	8.5
16 Wed	00.59	8.3	13.34	8.2
17 Thur	02.15	8.1	14.56	8.2

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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Cowbridge Rotarians rally to give the town car park a make-over

Cowbridge Rotary Club tidying the car park.

The clearing work started the club's project.

ON summer Sunday mornings, members of the Cowbridge Rotary Club are normally seen organising car boot sales in the main car park in Cowbridge.

On Sunday, July 30, they were there for a rather different activity. Twenty members from the club spent the morning tidying up the hedges and weeds to make the car park a little more attractive for local visitors and locals alike.

Having consulted with the Vale Council, the go-ahead was given to get on with the work and John Homfray of Cowbridge Compost and St Hillary farmer Howard Jones both provided essential support by collecting and taking away the waste for composting – and there was a great deal of it!

Rotary Club president, David Harris, said: "Cowbridge Rotary Club is there to make a difference and we have welcomed the opportunity to do our little bit for the community.

"I think that we have now managed to make this particular part of the town a little more attractive for visitors.

"After all, it is often one of the first parts of Cowbridge that visitors see and they really need to be given the best possible impression".

This work was the first phase of the project. In conjunction with the Vale Council, Cowbridge Rotary Club are now putting together plans to plant up shrubs in various parts of the car park later in the year, to make it an even more attractive area.

A trip to Lacock Abbey for Southerndown WI, *but they missed out on Mr Darcy..!*

THE summer trip for Southerndown WI was a visit to the village of Lacock, with its Abbey.

On the chosen day in August, the weather was thankfully better in Lacock than it was in Southerndown, with umbrellas remaining rolled up all day long!

More than three-quarters of members were able to go on the trip, so there were more than enough people to try out every coffee shop, café and hostelry in the village, with notes being compared on the way home.

Many of the streets looked familiar, because the village is frequently used as a film location and has appeared in many programmes such as *Downton Abbey* and the BBC adaptation of *Pride and Prejudice*, amongst others.

There were numerous interesting independent shops selling local produce and crafts, and a pottery which was close to the lovely St Cyriac's church.

The trip included a tour of the Abbey, which originates from the 13th century. The well-preserved cloisters were featured in the Harry Potter films.

The volunteers in the Abbey were friendly and knowledgeable, explaining how the building has changed over the centuries.

William Henry Fox Talbot considered himself a poor artist and thought it must be possible to imprint natural images that would remain fixed on paper.

His work led Lacock to become the birthplace of photography in Britain and we saw the window that was the subject of the image on the first negative he produced in 1835.

The Fox Talbot museum now stands in the Abbey grounds and traces the history of photography from his first image to the use of the smart phone.

With photographs taken, the group returned home after a very enjoyable day.

The only disappointment was that Mr Darcy had left the village before they arrived!

The next meeting is on Thursday, September 14 at 7.15pm in the Church Hall in St Brides Major; all welcome.

COWBRIDGE MUSIC FESTIVAL LINE-UP

THE eighth annual Cowbridge Music Festival will take place in Cowbridge in September.

The festival's founders, Mary Elliot and Sam Edwards, have been welcoming performers to Cowbridge since 2010, inspired by the close-knit Welsh community and stunning scenery and buildings.

The pair grew up in Cowbridge, and so have a genuine connection with the picturesque market town.

A variety of musical artists from different genres will perform individual concerts in venues around the town, including The King's Singers, Jamie Smith's Mabon, The Misha Mullov-Abbado Sextet, and German virtuoso violinist, Veronika Eberle.

The festival places significant emphasis on education and outreach, with a range of accessible activities including Samba workshops and author Lucy Owen's Boo-a-Bog in the Park, an interactive concert for children under 12.

The concert runs in partnership with a charity called Children's Musical Adventures, which aims to provide musical education to all children, regardless of background.

COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL

Your local correspondent is: Nancy Davidge, "Tynewydd", Llangan. (01656) 860303

Much to do in the Vale!

WHAT an exciting week this is turning out to be!

On Wednesday, August 9, visitors from many areas of the country flocked to the Vale of Glamorgan Show.

This Saturday, August 12, a fun dog show will take plce in Llangan. The various classes are: cutest pup; best child handler; the prettiest bitch; most handsome dog; the waggiest tail; most like their owner; best paw shaker; best geriatric (eight years plus!); dog the judge would most like to take home; and best in show – chosen from the winner of each class.

The judge will be Catherine Williams and it costs £2 entry per class on the day.

The show takes place at 2pm on the church field, Llangan. All dogs (and humans) will receive a warm welcome and, hopefully, the sun will shine!

GORGEOUS LEE-LOO NEEDS A QUIET HOME!

LEE-LOO is a gorgeous four-year-old Mastiff cross, a big bouncy girl with a heart of gold.

She will need daily off-lead exercise and would enjoy playing with other dogs out and about. She would, however, prefer to be the only dog in the home.

We are looking to rehome Lee-Loo in a quiet location as she is wary of loud traffic.

It would be beneficial for potential owners to have owned big breeds previously.

Lee-Loo can live with children 11 years and over who are used to bigger dogs.

Have you got space in your home for Lee-Loo? If so, call in to Dogs Trust Bridgend in Pen-y-Fai, Bridgend CF31 4NG or call 01656 725219 for more information. Visit the website at www.dogstrust.org.uk.

Cowbridge run

ON Sunday, October 15 (11am) Cowbridge is holding its 5k and 10k runs for Cancer Research.

Organisers say competitors and fundraisers can start registering now at: *http://www.cancerresearchuk.org/support-us/find-an-event/stand-up-to-cancer-with-cowbridge-5-10k-2017*

COWBRIDGE (ANCIENT BOROUGH) WITH LLANBLETHIAN TOWN COUNCIL

LLANBLETHIAN WEST (1)

NOTICE IS HEREBY GIVEN that due to there being an uncontested election for Town Councillors in the above ward, there exists a vacancy to be filled by way of co-option for the Town Council.

Any* local government elector or qualified person who is interested in the possibility of being co-opted onto the council should inform the undersigned in writing by noon on

Friday 25th August 2017.

**(It is not a requirement to be resident within the ward)*

Dated this 31st day of July 2017.

DAVID MORRIS

Town Clerk, Cowbridge (Ancient Borough) with Llanblethian Town Council, Town Hall, 21 High Street, COWBRIDGE CF71 7AD

E-Mail : enquiries@cowbridge-tc.gov.uk

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*(Nid oes gofyniad eich bod yn preswylio o fewn y ward)

Dyddiedig 31 Gorffennaf 2017.

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WENVOE RESIDENT PUTS THE QUESTION: Is it time to bring German-style synchronised traffic lights to the Vale?

by GEM REPORTER
GOT A STORY?
Call us on 01446 774484 or email editorial@glamorgan-gem.co.uk

A WENVOE resident has pointed out that there are now seven sets of traffic lights from the village to B&Q just off Culverhouse Cross roundabout – and none of them appear synchronised to help traffic move smoothly.

Like many local residents, Alun Davies regularly travels along Port Road in his car, but he said villagers were starting to question the thinking behind the new road layout on the way to Culverhouse Cross.

Mr Davies explained: "People in Wenvoe wonder which bright spark in the Vale highways department designed the new traffic improvements in the Port Road-Culverhouse Cross area.

"For example, to travel the half mile from Wenvoe to B&Q in Cowbridge Road West, we have to pass through seven sets of traffic lights – that amounts to one set of traffic lights every hundred yards – and none of them are synchronised!

"When I lived in Berlin, you could drive into the city at a certain given speed and all the lights would be on green as a computer synchronised them to encourage free flow of traffic.

"I'm not sure what the bus drivers think about these improvements, but they don't do much for the residents."

Mr Davies said that it had come to the stage when he now had to think about the best time to leave the village due to traffic congestion – although he admits that any time of the day might be busy.

He pointed out that yellow boxes on the roundabout at Culverhouse Cross might keep traffic moving more efficiently because currently when the lights go green the way ahead is often blocked by solid traffic.

Local pub's cycle ride

CONTINUED FROM PAGE 1

Further lots available at the auction include: A falcon flying experience; Bar44 canapes and cava reception for up to 20 people; your very own tub of Fablas ice cream; Amanda Jones Jewellery, a Lemon Tree manicure and much more – something for everyone.

The event is to remember Kevin Barry, who died from cancer last year.

The route is from Cowbridge Town Hall to the Edmondes Arms and will go via Ewenny, Ogmore, St Brides, Wick, past Llantwit Major and St Athan, then Llancadle, Bonvilston and finally back to Cowbridge, a distance of about 30 miles.

Entrants to the Fun Bike Ride are asked for a voluntary £20 per person to be donated to Marie Curie Holme Tower Hospice.

Donate at the Edmondes Arms, with the tin-rattlers on the day, or by visiting the Just Giving page www.justgiving.com/fundraising/Edmondes-Bike-Ride.

IN AN AGE WHERE FOOD WASTE IS COUNTED IN BILLIONS OF POUNDS...

Cowbridge U3A reminded of the 'clear plate is a clear conscience' generation

UK households binned £13bn worth of food in 2015 that could have been eaten.

This meant the average UK household wasted food valued at £470.

Cowbridge U3A History Group welcomed Margaret Jenkins recently for an account of food rationing in World War II, an era when 'a clean plate is a clear conscious' and wasting food was a criminal act; an instance of a woman being fined for throwing out bread scraps for wild birds on two occasions was described.

A National Register, similar to a census, was taken in 1939 and from this information National Identity cards and ration books with coupons were issued.

Universal rationing was acceptable to the population, as it promised a fair share for all, rather than a market-led, price-based system, which favoured the wealthy.

Some goods disappeared from shop shelves for the duration of the war; Nescafé coffee, Golden Shred marmalade, and there were no bananas.

There was to be a shortage of onions, as most were imported pre-war from the Channel Islands (occupied by the Germans in 1940 until the end of the war). Queueing became a way of life, especially for women.

Margaret Jenkins.

The message of Margaret's talk.

By 1940, when a Minister of Food was appointed, the weekly ration for an adult was 4 ounces (57 grams) of butter, 12 ounces of sugar, 2 ounces of tea and 4 ounces of bacon or ham.

Meat was rationed by value and only £1-10s worth (£1.50) could be purchased; this would have bought about 1 pound weight (453.5 grams) of roasting meat.

To modern eyes, this amount of food would barely suffice for a day!

Eggs were rationed, but there was a mixed reception to the dried egg powder that was imported from Canada and the USA. To supplement the amount of fresh milk available, dried milk powder and condensed milk were introduced.

Food campaigns proliferated on radio and in printed literature, offering cookery tips and wartime recipes to help housewives make the ration go further in an appetising way.

Experts, such as Marguerite Patten, were employed by the Ministry to give advice and prepare new recipes. A 'Dig for Victory' campaign encouraged people to grow their own food in gardens and on allotments.

Not all foodstuffs were rationed; sausages were available, but, of course, the buyer had no idea what had been put in them! Offal, such as sheep's head, tripe and pig's trotters, was not rationed, nor were rabbits.

Horse meat and whale meat were introduced later in the war, to supplement the meat ration – no ration coupons required.

Someone had the bright idea to catch a fish, snoek, plentiful in South African waters, can it and ship it to the UK; unfortunately, as a food, it did not meet with universal approval.

Bread was not rationed during the war, but it was between 1946 and 1948, because of poor harvests. A National wholemeal loaf was introduced, but not much appreciated – it wasn't white and it contained 'wheat germ' at a time when 'germs' were the organisms that caused diseases.

On May 8, 1945, the Second World War ended in Europe, but food rationing continued. Some aspects of rationing actually became stricter for some years after the war. Confectionery and sugar rationing ended during 1953, but it was not until July 1954 that all food rationing ceased.

Mrs Jenkins certainly brought back memories for most of the audience of life, whether as a child or a young adult, during a period when 'waste not, want not' was the ethos – so different to today's society!

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Email: installskips@hotmail.com

Waste Carrier Number CB/LE5004GH

Farm security advice was available at the Vale Show

NFU Cymru is teaming up with South Wales Police to promote farm security and advise farmers of the many different ways to help reduce thefts on farm.

Following the launch of its Combatting Rural Crime report at the Royal Welsh Show, NFU Cymru was turning its stand at the Vale of Glamorgan Show yesterday into a farm security haven, with security companies and the Police advising showgoers on how to prevent farm thefts.

Dragon Fire and Security were demonstrating the latest CCTV technology available to farmers and Armorguard, who specialise in the manufacturing of secure storage products, will also be on the stand to help provide solutions to secure tools, materials and hazardous substances and deter thieves.

Abi Reader, Glamorgan NFU Cymru County chair said: "Rural crime is something that the farming community here in Glamorgan fall victim to on many occasions, especially as many farms are situated near the motorway. That is why we were taking the opportunity at the Vale Show to showcase some of the ways farmers can secure their farm and deter thieves.

"I would strongly recommend members learn more about farm security."

NFU Cymru NFU Mutual Group secretary, David Harris said: "NFU Mutual has seen a sharp rise in thefts from Welsh farms in the first half of 2017 – and we are concerned that farmers are facing a new, more brazen and determined attack from criminals.

"We're advising farmers to urgently review security measures in their fields and farm yards to reduce the risk of becoming a victim."

'Teddy Jump' for charity

SOUTH Wales Central AM Andrew RT Davies visited Amelia Trust Farm last week to support Teddy Jump Day for Operation Christmas Child.

The charity, known for its annual Christmas shoebox appeal, held the event to raise further funds and many children from across the Vale took part.

Each child paid £1 to choose a teddy bear, which then 'parachuted' from a considerable height, with the best jumper winning.

The parachutes were made out of old umbrellas by Operation Christmas Child volunteers.

Mr Davies met Amelia Trust Farm volunteer Wendy McManus, who helped organise the event, and both agreed it was a fun way to raise money for an excellent cause.

Mr Davies said: "Teddy Jump Day was a fun way to raise money for Operation Christmas Child and it was clear that everyone had a fantastic time.

"I'd like to thank Operation Christmas Child for the invitation, everyone at Amelia Trust Farm and all the volunteers for helping pull it together."

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Local artist wins council's trophy awards 'commission'

Ingrid Walker with Coun Bob Penrose.

OGMORE artist Ingrid Walker has been commissioned to create awards for a prestigious event, as the Vale Council continues efforts to support the local arts scene.

Ingrid was selected from a number of artists to design the trophies handed out at the 'Arts and Business Cymru' awards dinner.

Ingrid's trophies featured stained glass set inside driftwood picked up from nearby beaches.

She is part of a group that run Crafts-By-The Sea, a shop in Ogmore that opened three years ago, sells work by a range of local artists, and is soon to launch a new website, www.craftsbythesea.co.uk.

Art Central, the council-run gallery, also provides local artists with an opportunity to showcase their work.

"Every year, Arts and Business Cymru commission an artist to design the trophies for their awards night because they like to have something individual. I work with stained glass and I like collecting driftwood because it comes in interesting shapes and people love it," said Ingrid.

"They wanted 11 trophies and I suggested doing 11 different scenes from all around Wales. It's really helpful to get funding from the council for our upcoming festival – it will help us produce things like marketing materials.

"We've also had an offer to display our work at the council's Art Central gallery, so we're going to have a look at the space and sort that out for the future.

"We've been asked by Creative Rural Communities, the council's rural regeneration initiative, to link up with other craftspeople so there's more of a forum for the Vale. That's something we're looking into at the moment."

See page 8 for details of the group's pop-up festival to be held in September.

Ex-pupils called to Old Wick School reunion

A REUNION for former pupils – pre-1962 vintage – of the Old Wick School, takes place on Wednesday, August 16 at the Lamb & Flag in Wick.

Organiser and old boy Gareth Woodham told The GEM that those attending are invited to bring along old photos, school reports, and other memorabilia to be included in a commemorative booklet to be produced.

The evening begins at 6.30pm, and a small buffet will be provided.

Go to **The GEM** for the latest stories and breaking news...
www.glamorgan-gem.co.uk

Cycling club stops off to celebrate Alf's 90th!

ABOVE: Alf and Val met up with the Cowbridge Ecumenical Cycling Club (CECC) to celebrate Alf's 90th birthday.

THE Cowbridge Ecumenical Cycling Club – CECC for short – celebrated stalwart Alf Charles' 90th birthday with a trip to one of its favourite lunch stops, the Plough and Harrow at Monknash.

Alf was a founder member of the cyclists' group back in 1994 and was a regular on their monthly outings until nearly his mid 80s.

The majority of the group went by bike to the Plough and Harrow; Alf and his wife Val travelled by car.

Alf was not told of this surprise lunch until he saw the cyclists waiting outside for him.

Both Alf and Val thoroughly enjoyed the celebration and expressed their appreciation to the group. AS

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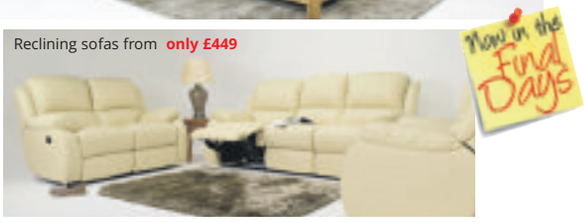

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AS SEEN ON TV

Colwinston cyclists pull out all the stops for Velindre

GEM readers may recall that two weeks ago we ran a story about a group of Colwinston residents who were tackling the marathon cycling challenge of riding from John O'Groats to Lands End.

Well, we are delighted to confirm that the group, five cyclists and six support workers, completed the challenge last Friday evening, and made a triumphant return to Colwinston on Saturday afternoon (August 5) where they were welcomed by a large crowd at the village pub, the Sycamore Tree Inn.

The aim had been to raise money for Velindre Cancer Centre, and representatives of Velindre were there to award the group their own gold medals!

The pub was decked out in the green colours of Velindre, and it wasn't long before the stars of the day were being sprayed with champagne, Grand Prix style.

The group called JOGLE4CANCER was made up of Catherine Perkins, Laura Hetherington, Michael Wilkinson, Dave Frost, David Thomas, Clive Edwards, Alun Austin, Roy Stokes, John Lloyd, Karen Stokes, Jason Williams, Brett Clee.

Speaking to the crowd, Alun Austin, who was one of the support team, announced that the total raised by the cycling effort had passed £34,000.

The challenge took 10 days to complete, and the cyclists had their support team with them the whole way – and there were times when they needed them!

People safe at home might have complained about the recent unpredictable weather, but it was much, much worse for the cyclists, who faced storms, gale force winds and even a brief visit to A&E for one of the team.

Luckily it was superficial damage and all five cyclists completed the entire 900 mile route relatively unscathed!

The challenge grabbed the attention of local media as they travelled the length of the country, and the team were even interviewed live by BBC Radio Bristol!

Colwinston residents joined in the cycling effort too. The landlady of the Sycamore Tree, Jo Frost, explained: "We put an exercise bike in the bar, and customers and local residents came in to try and clock up miles.

"We wondered if we could match the mileage being done by the JOGLE cyclists. in fact, so many people wanted to join in that we had to get hold of a second bike!

"In the end, our cyclists managed 1,042 miles – and we were delighted with that total."

Funds raised through the efforts on the stationary bikes were passed on to the cyclists, and are included in the £34,000.

The head of fundraising at Velindre, Andrew Morris said: "The group took on a really tough challenge, and as well as spending lots of time training, they showed a huge commitment to their fundraising, their efforts have been exceptional;.

"Everyone at Velindre is really grateful for their support."

Money is still being donated to mark the terrific effort made by the group, and the JOGLE4CANCER just giving page can be found on *www.justgiving.com/jogle4cancer*

Go to **The GEM** for the latest stories and breaking news... **www.glamorgan-gem.co.uk**

NFU lunch is a fine curtain-raiser for the rural Vale's stunning annual showcase

ABOVE: The team of ladies who prepared the lunch.

PHOTOGRAPHS by MIKE WILCOCK

THE Glamorgan NFU charity lunch is now well and truly established as the curtain-raiser for the Vale of Glamorgan Show, which took place on Wednesday, August 9.

Guests at the lunch, which was on the preceding Sunday (August 6), were eagerly anticipating the show, which this year was offering an even bigger range of entertainment, traders, produce and competition in livestock and horticultural classes.

For the NFU, it was also a chance to present cheques to the chosen charities supported by the charity lunch this year.

Committee member Ed Rees, pictured below (on left) made a presentation of a cheque for £1,000 to each of four charities.

These were:

- **The Kidney Wales Foundation.**
- **2 Wish Upon a Star.**
- **The Royal Agricultural Benevolent Institution (RABI).**
- **St David's Hospice Care, Newport.**

ABOVE LEFT: Linda Jones of RABI received a cheque.

ABOVE: Graham Jones of St David's Hospice.

LEFT: Joanne Calcaterra from 2 Wish Upon a Star.

RIGHT: Sian Price from the Kidney Wales Foundation.

The Planning (Hazardous Substances) (Wales) Regulations 2015
Planning application for an LPG Installation up to 250 tonnes at Handy Gas (Pot 11) Sambacus Avenue, Llandow Trading Estate

Vale of Glamorgan Council will decide whether or not to grant consent, and if to grant will decide what conditions to grant. Representations (including comments or questions) may be made in writing to the Council for 21 days from the date of this notice to the following address:

The Vale of Glamorgan
Dock Office
Barry Docks
CF63 4RT

Or by email to
planning@valeofglamorgan.gov.uk
quoting 2017/00755/HAZ

To obtain and view the information forming the application please email
ajcarterconsulting@hotmail.com
quoting the reference above.

Are you tired of daily commute?

Vale regeneration team wants new uses for rural buildings

Creative Rural Communities (CRC), the Vale of Glamorgan's rural regeneration team, is exploring opportunities for bringing redundant and underused buildings back into use for business purposes, whilst teaming up with small businesses to identify their workspace needs.

This project is funded through the Welsh Government Rural Communities – Rural Development Programme 2014–2020 which is funded by the European Agricultural Fund for Rural Development, the Welsh Government and the Vale Council.

"This project offers a great opportunity for partnership working with small businesses looking for their workspace in the rural Vale and those with redundant and underused spaces to bring them back into use for business" said Coun Jonathan Bird, cabinet member for regeneration and planning.

"We would like owners or managers of redundant or underused buildings to get in touch. You may have an empty room in a community centre or pub, or your old cattle sheds or stables lie vacant and are starting to deteriorate."

The team also want to talk to small businesses and sole traders in the rural Vale about their workspace needs.

Phil Chappell, CRC team leader economic development said: "A lot of people in the Vale work from home and may want to take that next step into working from a premises.

"It can also be quite isolating working alone, so CRC is keen to hear from people who might want to share space."

If you are looking for any kind workspace in the rural Vale, have a chat with the team on 01446 704226 or complete the survey online at www.creaveruralcommunities.co.uk

BELOW:
Co-working space in the Cardiff area – an example of the type of use rural buildings could be put to.

COWBRIDGE CHOIR STALWART HONOURED AT ANNUAL CONCERT

TERRY GRIFFIN, at the age of 91, has been honoured by his fellow Cowbridge choristers for his commitment to the town's male voice choir.

A certificate was presented to Mr Griffin to celebrate his membership, which has spanned over two decades.

Mr Griffin is known well in Cowbridge not only for his musical talent, but also for his deep knowledge of horticulture having served as an expert at the Vale Show on numerous occasions.

The certificate was presented to Mr Griffin at the choir's annual concert in Cowbridge Leisure Centre.

Attending the concert was Deputy Mayor for the Vale, Coun Leighton Rowlands, who said: "It was astonishing to learn of the commitment which Mr Griffin has shown to the choir. Both music and his community clearly hold a very special place in his heart."

Vale MP Alun Cairns added: "Congratulations to Terry for serving so many years to this fantastic choir. At every performance and meeting of the musical group, his personality never fails to shine through."

Terry Griffin (centre) with Deputy Mayor Leighton Rowlands and Vale MP and Secretary of State for Wales, Alun Cairns.

Crafty festival pops up at Dunraven Bay

THE Crafts on the Coast Festival, which was run as a 'pop-up' event last year, is being repeated at Dunraven Bay, Southerndown on September 9.

Last year's festival attracted more than 600 visitors, and this year, the group will stage a bigger event which, said a spokesperson, "promises to be a great day out for all the family, with more than 20 crafts represented: from stickmaking to chalk painting furniture, knitting to spinning and weaving and stained glass".

All stalls will be demonstrating their craft or running a mini hands-on workshop, so that visitors can try their own hand at some of the crafts.

creative RURAL COMMUNITIES

Do you know of any redundant or underused building in the rural Vale?

- Redundant rural barn
- Underused space in a pub
- Discussed community building

Ydych chi'n gwybod am unrhyw adeilad segur ym Mro Morgannwg?

- Ysgubor gwledig segur
- Man segur mewn tafarn neu
- Adeilad cymunedol na ddefnyddir.

If you are aware of a redundant or underused building in the rural Vale we'd like to hear from you.
Please take a few minutes to complete the survey:
http://bit.ly/ruralbuildings
Rydyn yn awyddus i gael gwybod eich syniadau a'ch dyheadau ar gyfer yr adeilad. Hoffem archwilio cyfleoedd i ddod â'r adeiladau hyn yn fyw eto.
Rydyn yn awyddus i gael gwybod eich syniadau a'ch dyheadau ar gyfer yr adeilad:
http://bit.ly/ruralbuildingsw

Find out more contact Creative Rural Communities on:
I gael rhagor o wybodaeth cysylltwch â Cymunedau Gwledig Creadigol ar:
01446 704226 ar/neu
create@valeofglamorgan.gov.uk

creative RURAL COMMUNITIES

Looking for Workspace in the rural Vale

- Are you a sole trader working from home?
- Do you feel isolated working by yourself?
- Do you currently sit in commuter traffic to get into the office?
- Would you prefer to work in your own county?

Chwilio am Weithle yn y Fro wledig

- Ydych chi'n unig fasnachwr sy'n gweithio gartref?
- Ydych chi'n teimlo'n ynysig yn gweithio areich pen eich hun?
- Ydych chi'n eistedd mewn traffig cymudwyr ar hyn o bryd er mwyn mynd i'r swyddfa?
- A fyddai'n well gennych weithio yn eich sir eich hun?

Would you like us to help find you suitable business accommodation?
Please take a few minutes to complete the survey to identify your needs: http://bit.ly/accneeds
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01446 704226 ar/neu
create@valeofglamorgan.gov.uk

VALE MP's VIEWPOINT

Lessons must be learnt from blood scandal...

LIKE residents throughout the Vale of Glamorgan, I was appalled to learn of the contaminated blood transfusions which took place in the 1970s and 80s across the UK.

The consequences, including the contraction of Hepatitis C and HIV by many of those affected, caused unnecessary suffering and the tragic loss of at least 2,400 lives. This simply should not have happened, and must never be allowed to happen again.

While financial support has been provided for the past 25 years, more needs to be done to ensure that justice is achieved for those who suffered the dreadful impact of infected blood products.

Further, the victims deserve the answers to the questions that they have been asking over the last two decades: how was this able to happen, and how will we ensure that this tragedy is never repeated?

Many of you have understandably contacted me in recent weeks with these same questions, and I feel it appropriate to share with you my strong support for a UK-wide inquiry into these incidents of contaminated blood transfusions.

Vale MP
Alun Cairns
Secretary of State for Wales reports to GEM readers

The Prime Minister has announced that a fully independent inquiry will be established, so that the causes of the tragedy can be fully understood. Ministers in the Department of Health have been clear that before it is established, it is necessary that all those affected, including those in Wales, are given an opportunity to have their thoughts and opinions heard, in order that the scope and format of the inquiry is sufficiently thorough and suitable from the outset.

Whilst money cannot bring back those who lost their lives or return survivors to full health, meaningful support for those affected is vital. This includes not only the individual victims of the contamination, but also their families and the bereaved.

Since 1988, there have been five schemes to provide financial and other support, with the UK Government recently committing to a further £100 million to be provided by 2020.

I, along with many campaigners, welcome amendments to the scheme, which will provide an additional valuable form of support for all beneficiaries and their families in the most transparent, balanced and fair way.

If you have any questions relating to this matter, or if you were affected by the contamination of blood products, please do not hesitate to contact me at *alun.cairns.mp@parliament.uk* or you can contact the inquiry directly at: *infectedbloodinquiry@dh.gsi.gov.uk*

Apology, after Mayor's car is parked in disabled bay

A BARRY resident, who has a disabled son, says he was "disappointed" to arrive in the Tesco Express car park in Cadoxton, Barry, to find a disabled space had been taken by the Vale Mayor's car.

The incident took place on Monday morning, August 7 and the following day, Steve Durbin told The GEM he had accepted an apology from the Vale Council and considered the matter closed.

Mr Durbin had drawn the council's attention to it on Facebook.

He said: "Vale of Glamorgan Mayoral car parked in disabled space at Tesco Express – so I, with disabled son in car, could not use it. No badge, only driver present.

"Set an example please, Vale Council! Yes, there was plenty of space in the car park."

Mr Durbin added an update: "Vale of Glamorgan have formally apologised and promised to investigate."

He told The GEM he realises that it was a private car park and there had been no breach of law, but stressed it was discourteous to take that space, when there may have been someone who was in real need of it.

A council spokesperson thanked Mr Durbin for bringing it to the council's attention.

He told The GEM: "The council was made aware of this incident on Monday morning, and immediately launched an investigation to establish the circumstances surrounding it.

"We have also offered a sincere apology to Mr Durbin.

"The unauthorised parking in disabled bays is completely unacceptable and a matter the council takes extremely seriously.

"This is why an immediate investigation has been launched."

GEM reporter.

The car parked in the disabled space.

Flag day for Wenvoe

NOT only is Wenvoe the only village in the Vale to have received a Community Green Flag award from Keep Wales Tidy, but this year they have achieved four Green Flags.

The judges decided that the Upper Orchid Field, Community Orchard, Elizabethan Orchard and Welsh Orchards had all reached the required standards.

This success is down to landowners, such as the Vale Council, local farmers, and to the Wenvoe Wildlife Group for creating and looking after the green spaces and to local residents and visitors for enjoying and respecting the sites.

Next year, the group plans to include a fifth site, an orchard of native trees including crabapple, bullace, cherry plum and wild pear.

Do you have a story for **The GEM**?
Email: editorial@glamorgan-gem.co.uk

MEDICAL SCIENCE NEWS

Bloating? Constipation? Diarrhoea? Abdominal Pain?

Up to 13 Million Brits affected!

You repeatedly suffer from constipation or diarrhoea, bloating or abdominal pain? You are not alone by far! In many cases the cause is Irritable Bowel Syndrome (IBS). The fantastic news is: A promising relief for IBS is finally available in the UK – Kijimea IBS!

The mystery of IBS finally solved

Recurring intestinal problems have been a mystery for a long time. The search for a possible cause took scientists years and years – until they discovered what may be to blame: a chronic bowel disease called IBS. But that is not all: Today, experts are increasingly convinced that IBS may be caused by small damages in the intestinal barrier. These allow pollutants and pathogens to enter the intestinal wall and to trigger the typical IBS symptoms.

Fantastic news for IBS sufferers

Thanks to a breakthrough discovery by a group of renowned scientists it is now possible to treat IBS symptoms effectively. How? With a globally unique bifidobacterium (B. bifidum MIMBb75), contained only in Kijimea IBS. Here is what is so special about it: This fascinating bacteria strain attaches itself directly to the surface of the intestinal wall and forms a protective layer.

Amazing study results

The benefits of Kijimea IBS have actually been put to the test in a clinical study – with amazing results! IBS symptoms did not only significantly improve due to Kijimea IBS but also disappeared completely in some cases. On top of that, the bifidobacterium contained in Kijimea IBS is the only one worldwide that simultaneously showed an increase in the quality of life of IBS patients!

Finally available in the UK!

In many other countries Kijimea IBS has already proven to be extremely successful. Now, this promising product is finally available for millions of IBS sufferers in the UK, too! Kijimea IBS is prescription-free and has no known side effects.

Kijimea IBS is brand-new!

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✓ your independent pharmacy
✓ or online at www.chemistdirect.co.uk and www.amazon.co.uk!

Show this coupon to your pharmacist to order Kijimea for you!

Only available over the counter at Boots or your independent pharmacy:

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PIP Code: 404-3170

If symptoms worsen and/or persist, consult a doctor. For more information visit www.kijimea.co.uk.

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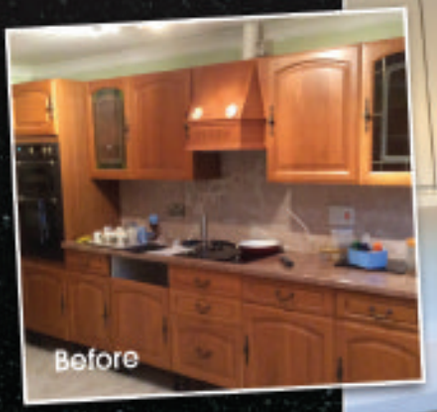

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ABOVE: Dog owner Jan Godfrey-Coles with her four-year-old Staffie cross Blodwen who was rescued by RNLI Burry Port lifeboat crew members with Alun Wells and Karlien Heyrman from Vets4Pets.

'RESPECT THE WATER' Vets partnership spreads RNLI's safety message

THE RNLI has launched a pilot partnership with national veterinary group Vets4Pets, to support its "Respect the Water campaign".

As part of the pilot programme, Welsh lifeboat stations will work closely with Vets4Pets' 22 practice to focus on a key group of users which the RNLI has identified as being at risk when on or near the coast – dog walkers.

Helen Church, the RNLI's community safety partner for Wales and West, said: "This pilot partnership is a brilliant opportunity to work with an organisation that in many ways is similar to the RNLI.

"We know dog walkers are an 'at risk' group when walking their pets around water and the coast, which means Vets4Pets is an ideal partner for us as we continue to deliver water safety messages."

The partnership will see RNLI lifeboat stations joining forces with their local Vets4Pets practice to provide support for work each other does in the local community.

This will include tailoring First Aid pet workshops to include water safety messages and vets and vet nurses advising RNLI volunteers on how best to handle pets they have rescued.

"More than 200 walkers have died since 2011 around our coast, many when walking their dog and our annual Respect the Water drowning prevention campaign helps us to focus on advising people to give water the healthy respect it deserves," added Helen.

"A key message we'll be working on with Vets4Pets, is to convey to pet owners that we would not encourage people to enter water to save pets. More often than not, the person themselves can get into danger, further escalating the jeopardy and the need for a rescue.

"Instead, people should call the Coastguard on 112 or 999 when at coastal locations or 112 or 999 and ask for the Fire and Rescue service when at any inland waterside location. The RNLI will attend a pet in distress."

'Good management' avoids disappointed young footballers

by TIM CHAPMAN
07891 690798
or email tim.chapman@glamorgan-gem.co.uk

AUGUST is an exciting month for local youngsters who are looking forward to the new football season.

Squads are assembled, training starts and friendly football matches are arranged.

But we live in an ultra-competitive world, and sometimes players can move from one club to another, even in junior football.

Sometimes youngsters miss out on playing for a particular team because they don't meet the playing standard, or the number of youngsters exceeds the total allowed in a squad.

It can lead to disappointed players and angry parents.

Lee Saunders is well placed to address some of these issues.

He has been involved in local football for 26 years. Lee is an administrator in local mini-football and is also a coach with AFC Wolves, who play in the Barry and District League.

He said: "Mini football is not so much about competition. It is all about participation – playing, playing, playing. Football then gets competitive at junior level."

Junior football comprises teams from under 12s to under 16s.

Squads of up to 20 youngsters can be accommodated. A 'match day squad' is 16 players, and with five substitutions allowed, it means all the match day players might get a game.

Lee said communicating with the parents was essential.

"We create a family atmosphere – that includes the players and the parents.

"This season we've got a squad of 19 players. I've explained to the parents that there is a maximum of 16 players in a match day squad.

"We will be rotating players from the full squad to make sure all of the lads get a fair crack of the whip."

Over the years, Lee has worked with the same players, and avoided a big turnover with lots of players leaving and new ones arriving. From time to time he loses players to other sporting fixtures, such as a rugby match, and that's where a squad of up to 20 players is a help.

He said: "The last thing you want is to be left with a squad of just 11."

If things are well managed on a long-term basis, Lee believes it can avoid youngsters being disappointed because they've missed out on either playing or a club's full squad for the season.

If you have any views on this topic, please email: editorial@glamorgan-gem.co.uk.

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ADVERTORIAL

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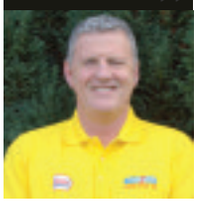

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Clevedon: £16/14 Portishead: £20/18 Severn Bridges: £30/28
Monday 14th Aug Depart: 09.30 Arrive back: 15.00

CRUISE RIVER AVON & CLIFTON SUSPENSION BRIDGE
Sail across the Channel & up the River Avon, through the Avon Gorge and under the iconic Brunel Suspension Bridge to Bristol before returning. £28/26
Tuesday 15th Aug Depart: 09.30 Arrive back: 15.15

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FURTHER SAILINGS THROUGHOUT AUGUST & SEPT

Summer camps for budding game designers, engineers and beauty experts at CAVC

CAVC are running summer camps for 11-16 year olds.

ANYONE interested in a future career as a game designer, hair and beauty expert, or robotic engineer, can attend a Cardiff and Vale College summer camp for 11 to 16-year-olds.

The camps, which last for up to a week, are intended as a fun way to introduce young people to the basics of IT, hair and beauty and engineering.

CAVC has held its first Tech Tournament Camp at the Microsoft risual academy in its City centre campus, where the young people designed their own computer game.

Working in small teams on programming systems, plus an advert for the game, they then pitched to judges. A further tech tournament camp will be held this month.

A hair and beauty camp will give young people the opportunity to get creative and learn new make-up and hair techniques with CAVC's industry experts; covering a range of styling, workshops and even theatrical makeup styling at the college's state-of-the-art urbasba salon.

Or you can make your own robot at CAVC's internationally-renowned International Centre for Aerospace Training (ICAT) at Cardiff Airport. The robotics camp will involve a week of science and technology-based activities, providing opportunities to explore the world of engineering.

The 11 to 14-year-olds on this camp will get to build their own robot, make it Bluetooth-controlled, and use BBC Microbit to bring to life a robotic car.

For more details, or to book a place, visit http://www.cavc.ac.uk/en/about-us/cavc-summer-camps-2017/.

'Full investigation required into health board contracts'

"THE scandal into the awarding of potentially unlawful contracts by Cardiff and Vale University Health Board must not be brushed under the carpet," South Wales Central AM Andrew RT Davies has said.

Mr Davies made the comments after raising the issue at First Minister's Questions, claiming that health board staff and users would have little confidence in Carwyn Jones' response.

The health board paid consultants £1,000 a day, plus expenses, a decision criticised for "numerous and significant failings" by the Auditor General for Wales.

The news emerged on the same day that over 70 doctors and nurses were ordered to pay £68,000 in parking fines at the University Hospital of Wales.

Mr Davies said: "This is one of the most damning reports I have seen in my 10 years as an Assembly Member – and with the health board in special measures there are clearly questions for the Welsh Government to answer.

"Carwyn Jones attempted to deflect blame – saying the questions were for the Health Board to answer – but this is not good enough.

In response to The GEM, a Welsh Government spokesperson said: "The Chief Executive of the NHS in Wales has written to all health boards seeking urgent assurance that good governance arrangements in relation to procurement and recruitment are in place across Wales."

Mr Davies continued: "[Carwyn Jones] had to be pressed into saying he had confidence in the Health Board chair, and his lack of knowledge into its recruitment practices is deeply worrying.

"This suggests the Welsh Government are not willing to take action, but staff and patients will not put up with this being swept under the carpet – especially when astronomical parking fines have been issued on health board sites.

"It is quite clear a full and proper investigation is needed to get to the bottom of why a £150,000 contract was awarded without so much as an interview – and hold those responsible to account. Doing nothing will not wash."

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Women in Wales help the Save the Children charity tackle poverty

Save the Children accepts the cheque from Women in Wal.5es.

The Women in Wales charity lunch celebrated its 25th anniversary by presenting Save the Children with a cheque for £30,000 last month.

The sell-out lunch attracted its biggest ever audience of 500 guests, with the Princess Royal as the guest of honour and entrepreneur, Cath Kidston as the speaker.

Headline sponsor Bluestone National Resort and the lunch's other sponsors, joined the Women in Wales committee at the SSE Swalec Stadium for the cheque handing-over ceremony, where Save the Children confirmed that the donation would go towards the Welsh project, Eat, Sleep Learn. Play programme for families living below the 'poverty line'.

If you would like to support next year's lunch, or wish to find out more about the Women in Wales charity, please visit *www.womeninwales. org.uk*.

For regular up to date news, you can follow Women in Wales on facebook: Women in Wales luncheon.

Report by JAYNE JAMES

Got a story? Then get in touch with us - email editorial@glamorgan-gem.co.uk or call 01446 774484

Vale Bridge Club news

THE latest results for the Vale of Glamorgan Bridge Club for August 7, are as follows:

First, Liam Sheridan and Glenda Roberts, 74.17 per cent; second, Glyn Williams and Vida Halford, 65.2 per cent; third, Barrie Waite and Graham Norris, 62.50 per cent.

Fundraising walk for the Noah's Ark appeal

'Please support our10k' say charity

THE Noah's Ark charity is calling on families from across Wales to sign up to its three or 10k Family Fun Walk in Cardiff Bay on Sunday, September 17.

The charity supports the Noah's Ark Children's Hospital for Wales, which delivers specialist and life-saving care to 73,000 children from across Wales each year.

For Alison and husband Stephen, from Bridgend, this will be their fourth Family Fun Walk.

Alison said: "It gives us pleasure to do this small thing and support a charity that helps enable children to be treated near their homes in Wales. It provides as much comfort as is possible during the time that they have to spend at the hospital."

A record breaking 280 men, women and children took part in the Family Fun Walk last September. Now in its fourth year, the aim is to make the 2017 event bigger and better than ever.

Senior fundraiser, Linda Davies, said: "There's always a really friendly, warm atmosphere at the fun walk and it's as lovely to welcome new families and it is to see others returning year on year. Last year, the event raised close to £16,000 for the children's hospital, which is an incredible amount of money."

Registration for the event costs £5 per person, which includes a free t-shirt and bottle of water. Fancy dress is optional and there will be various activities to keep little walkers entertained on the day.

The route is completely accessible to pushchairs and wheelchair users. To sign up, visit: https://noahsarkcharity.org/events/familyfunwalk2017/.

Stephen and Alison from Bridgend will be among those taking part in the Family Fun Walk again this year.

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Out & About with The GEM

Valerian is visually stunning and ambitious, but narratively leggy

LUC BESSON has been one of cinema's most exciting voices since breaking through in the late 1980s.

Having flitted from directing intimate works with big budget spectacles, Besson may have a somewhat hit and miss strike rate, but his films are always indelibly his own.

His latest film sees him tackle the comic book series *Valerian* and *Laureline with Valerian and The City of a Thousand Planets*. Starring Dane DeHaan and Cara Delevingne, who play the titular characters, when a unknown energy force threatens the Alpha (the titular city made up of a thousand ships) the pair must try and track down who and what is causing the mysterious force and stop them before it engulfs Alpha...

Valerian... sees Luc Besson tread similar ground to *The Fifth Element*, his highly divisive sci-fi film that saw Bruce Willis play a future-set taxi driver and Gary Oldman with a haircut to end all haircuts. That film was cinematic Marmite and, 20 years later, you can imagine *Valerian* may well find itself in similar territory, a film that is both sublime yet also ridiculous.

It is Besson at his most visually ambitious, but equally at his most narratively clunky; the plot is a thin one that doesn't need a 137-minute running time that sometimes feels like Besson is overly-indulging in his love for these characters.

Yet visually, the film is stunning, brightly coloured sets, clever gags on the way humanity (and alien life) has involved over the course of centuries and some highly satisfying set-pieces that come with Besson's trademark visual élan.

This is a director enjoying his subject matter and his ability to create endless new worlds and situations, and you can see how deeply his thought process has gone with some very interesting little touches that are gorgeously realised.

He has a strong, if uneven, central pairing in Dane DeHaan and Cara Delevingne as the agents tasked with solving the mystery; they share a keen spark and satisfying chemistry, but Delevingne is the more impressive of the two.

by GARETH JAMIESON
Follow Screen Talk on Twitter – @GEMScreenTalk

Given that Besson is renowned for his strong female characters, it's not surprising that Laureline (despite her lack of an appearance in the title) is the dominant character, industrious, smart and not afraid to get involved in the fisticuffs, and Delevingne makes for an impressive turn.

DeHaan isn't by any means poor, but he feels a little less convincing as the suave, ice-cool Valerian and there are times when he doesn't quite have the personality to carry the role.

With pleasing turns from the likes of Clive Owen, Rihanna and Ethan Hawke bringing colour to the background, it's a likeable enough affair, but the story is where the film's main fault lies.

After an overly long set-up to introduce the characters (prefaced by a zingy and witty telling of how Alpha came to be so gigantic), the actual plot is both overly simple and predictable, yet Besson wrings out nearly two hours devoted to the solving of the mystery.

It's overly long and the subplot of Valerian trying to convince Laureline of his affections and asking for her hand in marriage doesn't land with enough conviction to truly satisfy.

What helps is the universe that Besson has created for the film, every frame crammed full with different aliens and life forms, which keeps you watching, but he either needed a more complex plot for the running time, or a shorter running time with the existing plot for it to wholly succeed.

It's not that *Valerian*... is a bad film; far from it – more adventures of the pair would be hugely welcome if it means Besson spending more time behind the camera, rather than shepherding countless films and TV shows as a producer, but it's a little too uneven for it to be an undoubted success. As it is, it's a wildly diverting and pleasing effort.

VERDIC: A gorgeously-shot blockbuster that is lacking somewhat in the story department, *Valerian and The City of a Thousand Planets* is still an enjoyable film, with solid turns from the cast and Luc Besson at his visually most inventive. Tighter plotting would have made the film even better, but as it is, it's still a hefty slice of summer fun. *Enjoyable*.

SEE THIS IF YOU LIKED: *The Fifth Element* (1997), *Avatar* (2009).

What's in a (sur)name?

The next meeting of the Bridgend branch of the Glamorgan Family History Society will be held on Monday August 21,at the Len Evans Centre, Heol Persondy,Aberkenfig CF32 9RF. The speaker will be Dane Brook, who will be talk on SURNAMES at 7.30pm. Everyone welcome.

BBC game show seeks contestants

A NEW BBC game show by Avalon, the BBC, and the creators of Taskmaster, *is looking for contestants who live in a household of two or more people, "are all up for a good laugh", and fancy competing in a series of fun challenges together.*

Applications close on August 28 and filming takes place in October.

Contact TheButton@avalon-entertainment.com or call 207 598 7279 for details.

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What's on and where...

Valeways walks

ON Sunday, August 13 at 2pm, 'Trains, boats and maybe planes!', starting from Penarth cliff top car park.

On Tuesday, August 15 at 1.30pm, 'Beach and dovecote', starting at Llantwit Major railway station car park.

On Wednesday, August 16 at 10.30am, the Cosmeston coffee shop strollers meet outside the visitor centre.

Also on August 16 at 2.30pm, the Llantwit Major coffee shop strollers meet at the town hall car park, Llantwit Major.

Coffee morning

A CHARITY coffee morning will be held in the All Saints Church Main Hall, Victoria Square, Penarth, on Saturday, August 12 from 10am until 11.30am. Entry £1, to include tea/coffee. Grab yourself a bargain; all proceeds to charity.

St Lawrence Church service

THE former St Lawrence Church at Fort Road, Lavernock, will remember its patron saint on Sunday, August 13 at 3pm.

All attending will receive a warm welcome and enjoy singing well known hymns to Anne Thomas's accompaniment on the harmonium.

The preacher will be Rev Mark Jones from the Parish of Penarth and Llandough

The church car park can be found on the left of Fort Road just before the church. Enquiries to Rev Margaret Stark on 029 20701303; for more information about the former church, see the website: lavernockchurch.net.

RBL meeting

THE Royal British Legion Barry's August branch meeting will be held in Cadoxton Conservative Club (Centenary Room) on Tuesday, August 15 at 7.30pm. Anyone interested in joining, volunteering or finding out more are all welcome.

Call Teresa on 07776 111385 for more details or see Facebook 'Poppy Appeal Barry South Wales'.

Horticultural show

LLANTWIT MAJOR Horticultural Society holds its annual vegetable and flower show on August 19 at the Llantwit Major Leisure Centre.

The full range of classes for entries can be seen at www.llantwit-major-horticultural-society.com. Schedules are also available from 39 Bedford Rise, Llantwit Major.

Exhibits are welcome from 8.30am to 10.45am and the show opens from 2pm to 5pm. There will be a flower arranging demonstration at 2.30pm, plus craft stalls, preserves and honey and cup cakes.

Age Connects

DO you worry about tax? Do you know if you are paying the correct amount? Are you nervous about approaching The Inland Revenue or help with form filling?

Age Connects Cardiff and Vale will run a free tax advice surgery at Age Connects Cardiff and Vale Senior Health Shop, 38 Holton Road, Barry, on Monday, August 21 from 9.30am to 11.30am.

The Telecare Vale of Glamorgan Project aims to improve quality of life by helping vulnerable and isolated people manage the risks of living in their own home with a simple easy to use device. Visit the Age Connects Senior Health Shop for further information on Tuesday, August 15 from 10am to 12 noon; no appointment is needed, just call in.

Are you worried about crime or disorder in your area? Gethin from Safer Vale in Barry will be available to discuss these issues at a drop-in information session on Tuesday, August 15 from 10am to 12 noon at the Age Connects Cardiff and Vale Senior Health Shop. No appointment is needed; just call in.

Contact 01446 732385 for further information.

Get online

DO you need free help on how to use a computer or tablet, or want to learn new skills?

Digital Champions from Newydd Housing Association and the Vale have set up drop-in sessions to help learn new or improve current skills.

A session is held every Thursday from 10am to 12 noon at Age Connects Senior Health Shop, 38 Holton Road, Barry.You can bring your own equipment, or use equipment provided; one to one support is given. Call 01446 732385 for further information.

Launch of *This Cruising Life*

LOCAL author Carole May is holding the book launch of *This Cruising Life* at Barry Central Library on Saturday, August 19 from 1.30pm to 3.30pm.

The book tells the story of Carole and husband Ron's travels around the globe on board their vessel *Soñadora*.

Everybody is welcome to attend and refreshments will be available.

'Pioneering' apprenticeship programme

A 'PIONEERING' apprenticeship programme for 14 to 16-year-olds at Cardiff and Vale College has been so successful, the Welsh Government is looking to roll the programme out across Wales, said a spokesperson.

The Welsh Government is encouraging other colleges and local authorities to pick up on CAVC's Young Apprenticeship programme.

Jointly funded by Welsh Government Creative Solutions, CAVC, Cardiff Council and Cardiff schools, the Junior Apprenticeship programme was launched in September 2016 to increase the number of young people in education, employment and training.

Offering Year-10 and 11 pupils the opportunity to study full-time for a future career in a college setting from the age of 14, the Junior Apprenticeship programme is the only one of its kind in Wales and has seen the first cohort of Year-11s all successfully graduate and secure a place on a higher level course at CAVC or an apprenticeship.

Foot long sausage!

AS a rule, The GEM shies away from using puff pieces, flaky stories and fillers, and instead relies on hard news to fill column inches.

However, a 30-centimetre (12 inches in old money) sausage roll from Morrisons in Barry just had tobe squeezed in.

Morrisons claims it is the "largest sausage roll in the UK.

Weighing in at nearly half a kilogram (one pound), the sausage roll is double the length and four times the weight of some competitors.

Available from the supermarket on Heol Ceiniog, the Foot Long Sausage Roll is freshly baked in-store by its Market Street bakers,

Morrisons say it created the giant sausage roll "...in response to customers".

Readers that know of larger sausage rolls are invited to contact us at editorial@glamorgan-gem.co.uk.

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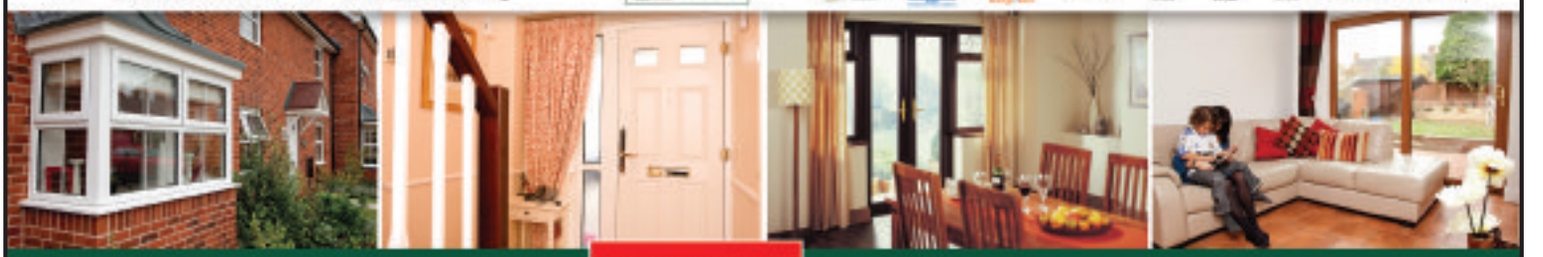

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'We have a duty to remember the trauma of Passchendaele'

THE Battle of Passchendaele is a "national trauma that we have a duty to remember", says South Wales Central regional AM, Andrew RT Davies.

The Welsh Conservative leader attended the moving service at the Welsh Memorial Park in Langemark, near Ypres, this week to pay his respects.

Among the units who participated in the Battle of Passchendaele were the 38th (Welsh) Division, the 29th Division, including the 2nd Battalion South Wales Borderers and the 2nd Battalion Monmouthshire Regiment, the Welsh Guards, the Welch Regiment and the Royal Welch Fusiliers.

Several memorial stones were unveiled at the service to commemorate them.

Mr Davies said: "It was deeply moving to take part in the service and pay tribute to all of those who gave their lives in the Battle of Passchendaele.

"The sheer magnitude of human life lost on this foreign battlefield is almost unfathomable today, and is a national trauma that we have a duty to reflect on.

"Countless Welsh servicemen and women participated and it was an honour to see memorial stones unveiled to commemorate the Welsh divisions who fought in the First World War, including the South Wales Borderers.

"A hundred years on, we owe our eternal gratitude to those who gave their lives in such tragic circumstances, so that we could have a peaceful future.

"We will never forget the sacrifice they made."

Mr Davies at the memorial in Langemark where wreaths were laid to commemorate those who gave their lives in the Battle of Passchendaele.

Poppy *Weeping Window* on show in Cardiff Bay

A poppy sculpture entitled *Weeping Window*, by artist Paul Cummins and designer Tom Piper, is now open outside the Senedd in Cardiff, as part of the UK-wide tour of the poppies organised by 14-18 NOW, the UK's arts programme for the First World War centenary.

The *Weeping Window* sculpture, made up of thousands of ceramic poppies, will be on display until September 24.

It forms part of Wales' programme of events marking the centenary of the First World War, which takes place across the country.

The *Weeping Window* exhibition will coincide with the centenary of the Battle of Passchendaele, which took the lives of many Welshmen, including Bardic poet Hedd Wyn.

Weeping Window is one of two sculptures taken from the installation *Blood Swept Lands and Seas of Red* – poppies and original concept by artist Paul Cummins and installation designed by Tom Piper.

The installation was originally at HM Tower of London in 2014, where 888,246 poppies were displayed, one for every British or Empire life lost at the Front during the First World War.

The installation was by Paul Cummins Ceramics Limited, in conjunction with Historic Royal Palaces.

Weeping Window is the cascade of poppies that was seen pouring out of a high window down to the grass below.

For the first time, visitors will be able to view the sculpture from all sides, including behind, through the Senedd's floor to ceiling windows.

In addition, on Thursday evenings this month, the Senedd will be open until 8pm, for visitors to see the sculpture as the light changes, and the Senedd café will be open for longer to accommodate this.

Since the tour of *Wave* and *Weeping Window* began, the sculptures have been seen by over 2.7 million people.

Following the presentation in Cardiff, Weeping Window *will be at Ulster Museum in Belfast from October 14 to December 3. Wave will be on display at CWGC Plymouth Naval Memorial from August 23 to November 19.*

BELOW:
***Left to right – Ann Jones AM, designer Tom Piper, Lady Susie Sainsbury, artist Paul Cummins and Jenny Waldman, director of 14-18 NOW, unveil* Weeping Window*, which is from the Poppy installation* Blood Swept Lands and Seas of Red.**
Photos by the Press Association.

Children, now generations apart from the British and Empire sailors, soldiers and airmen that fought and died in the Great War to prevent German expansionism, reflect on* Weeping Window *at the Senedd.

Coastguard and RNLI aid plucky pedal-powered boat

RNLI vessels alongside the Sweeney Pro.

ON Sunday, August 6, Barry Coastguard and the RNLI were called to attend an eight-metre-long, pedal-powered boat – *SweeneyPro* – that had suffered mechanical failure while on a record-breaking attempt to circumnavigate Great Britain.

The vessel had set off from Cardiff Bay the day before.

A spokesman said: "The vessel was brought into Barry Harbour by Penarth inshore lifeboat.

"We wish the skipper the very best of luck when he continues his challenge after making the necessary repairs."

Kieran Sweeney, pedalling the vessel, is attempting the first solo unsupported pedal-powered circumnavigation of the UK

The epic, and exhausting, voyage by this plucky chap will raise funds for Ty Hafan and The Children's Heart Unit Fund.

To follow Mr Sweeney's progress, and to donate to his chosen causes, visit www.sweeneypro.com.

Barry man wanted for 'recall to prison'

SOUTH Wales Police are keen to know the whereabouts of Paul Junior Thomas, aged 28, from Barry (right).

A police spokeswoman said: "He is wanted for 'recall to prison'.

"If you have seen Paul or know of his whereabouts, call 101 quoting reference number: 1700283755."

Farming industry unites to call on UK Government for commitments over post-Brexit transition plans

A NUMBER of farming organisations, including NFU Cymru, have come together to issue a joint statement to the UK Government to provide short-term certainty for the industry – as exiting the European Union and the Common Agricultural Policy draws closer.

The 14 organisations say governments across the UK need to work together with the farmers and land managers to prepare for a new long-standing free trade agreement which retains and grows opportunities for food trade with the EU and the rest of the world.

They also call for commitments on transition that will allow the UK to remain in the Customs Union until a full free trade agreement is in place with the EU.

NFU Cymru President, Stephen James said: "Farming organisations from across the UK have come together with one voice to re-iterate the importance of the UK farming industry in terms of producing food of the highest quality alongside caring for and managing our treasured environment and landscape.

"UK farming makes a significant contribution in terms of jobs and revenue to the UK economy, to ensure that our industry can capitalise on future opportunities and continue to grow we have set out a number of key issues that the UK Government must address to manage our transition out of the EU.

"This includes maintaining unfettered access to EU markets, ensuring a fairer and more transparent UK supply chain and the importance of the UK Government working in partnership with the Welsh Government to jointly agree and establish policy and budgetary frameworks for UK farming."

Couple celebrating 70th wedding anniversary say secret to long marriage is in sharing holidays

A COUPLE who live together at a care home in Cardiff have revealed the secret to their long marriage – sharing lovely holidays.

Reg and Beryl Williams.

Reg Williams, 94, and his wife Beryl, 91, both live at Tŷ Llandaff, a private nursing, residential and respite care home in Pontcanna celebrating their 70th wedding anniversary this month.

Reg was an RAF flight officer and saw action against Japan in Burma during the Second World War, while Beryl was a member of the Women's Royal Naval Service – known as the Wrens.

After the war, the pair, who were both born in Cardiff, were employed by the local gas board, he as a printing officer and she as a supervisor.

They met at a party organised by Beryl's cousin. Reg and Beryl soon married and have been practically inseparable since.

Reg originally arrived at Tŷ Llandaff for short-term respite care earlier this year, before Beryl joined him for nursing care.

He returned home, but could not be without his beloved wife, so came back to the care home in Conway Road, which was recently named in the Top 20 Recommended Care Homes in Wales for 2017 by a leading UK care home website, to become a permanent resident.

Less than one per cent of married couples live together in care homes in the UK and, controversially some local authorities will separate them from living in the same care home, if they do not meet certain criteria.

But, clearly, there was no way this couple were going to live in different care homes.

Reg said: "I was so impressed with Tŷ Llandaff when I first arrived and I thought it would be great for Beryl to come and stay with me as she was beginning to need more care. I loved our home, so I returned when I felt better, but soon came back. I couldn't be without her. We've been together for 70 years.

"Everyone is friendly at the care home and Beryl is getting all the care she needs. I love being in the same place, knowing she is being looked after.

"There is plenty to do. I enjoy attending local church services and Beryl and I have been taken on day trips out – with carers, of course – and we both enjoy the music entertainment the home regularly puts on. It's great."

When asked what is the secret to a long marriage, Reg replied: "To love one another, be contented, work together and the sharing of lovely holidays. We travelled the world together, going on cruises and so on."

Beryl said: "We've barely been apart from each other in 70 years. We've been living together at Tŷ Llandaff and it was the best thing for us. It is a marvellous place with plenty of space, excellent food and exceptional levels of care."

Tŷ Llandaff care home manager Janice Evans said: "Reg and Beryl are so lovely together and we absolutely love having them here."

For more information about Tŷ Llandaff, call Janice on 02920 600 100, email info@tyllandaffcare.com or visit www.tyllandaffcare.com.

CHOIR'S EMOTIVE VISIT TO BELGIAN TWIN TOWN

BARRY Male Voice Choir's most recent visit to Europe was at the invitation of the town of Mouscron, Belgium, which is twinned with Barry.

The choir was honoured to provide a stirring start to celebrating the Belgian National Day (*Nationale feestdag van België; Fête nationale belge; Belgischer Nationalfeiertag*).

The varied programme was enjoyed in bright sunshine by a large appreciative audience. Everyone agreed that the bonds of friendship between Mouscron and the Vale had been further strengthened.

The strains of 'Tydi a Roddaist' and 'Hen Wllad fy Nhadau' rose beneath a blue sky in peaceful fields of green, so very different to the mud and sludge into which horses, men and humanity disappeared 100 years ago.

The magnificent Menin Gate was the final formal engagement.

Thousands of spectators shared the moving commemoration service at which *Last Post* rang out and the Barry Male Voice Choir sang 'Bring Him Home' from *Les Miserables*.

An impromptu concert following the service was enjoyed by a crowd of several hundred people. Many followed the choir to the Old Bill hostelry, where a harmonious afterglow continued to well past midnight – a chance for everyone, especially the talented musical team of Dorothy Connell and Emma Arscott to relax.

Louise and Martyn Todd, commenting on the choir's visit to Ypres, said: "Our aim was to pay a choral tribute to honour the fallen on distant battlefields and to do them proud in music and verse.

"One hundred years on, thousands upon thousands of lives lost and many stories still left untold. We were humbled by the enormity of their sacrifice."

RK

Dinas Powys Rotary Club's new president aims for 'fellowship and fun'

PICTURED (left to right): Colin Jones, Martyn Williams, Simon Watts (president), Kevin Fowler (outgoing president) and Tim Hubbard.

THE Rotary Club of Dinas Powys recently held its formal handover dinner meeting at the Seashore Grill, Sully, when Simon Watts was welcomed as the incoming president for 2017-2018.

This year marks some important anniversaries, Dinas Powys celebrates its 30th year since inauguration and Rotary in Wales marks its centenary.

The new president had a long career with Barclays Bank, latterly supporting small businesses in south Wales. In addition to Rotary, he is a keen fisherman and beekeeper.

He introduced his council members: Howard Gaylard (treasurer) and Martin Williams (secretary) and thanked past president Kevin for all his good work over the previous year.

The RNLI and 1st Dinas Powys Scout Group were identified as Mr Watts' nominated charities for the year ahead. His priorities for the year are to build on the fundraising successes of 2016-2017, and to make a difference in the local community.

He also wishes to generate new membership and underpin membership with a spirit of fellowship and fun, which he believes is crucial both to long term sustainability and fundraising success.

Mr Watts also spoke of his plans for a satellite club to encourage new members to join and become involved with fundraising and social events.

AS

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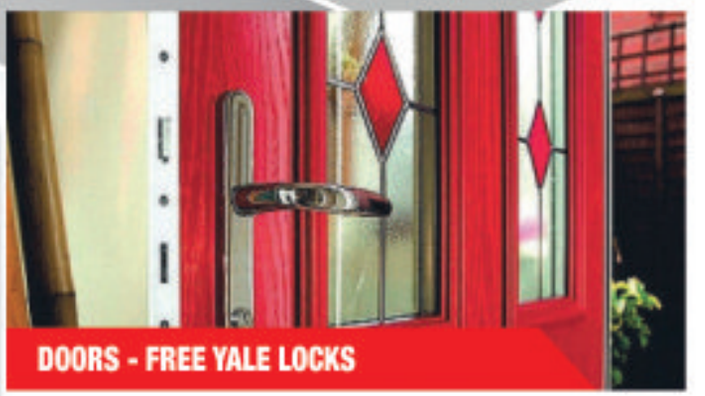
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RAF Red Arrows deliver a scintillating spectacle over Barry Island 'amphitheatre'

THE Red Arrows have flown 4,800 displays in 57 countries and on Sunday, August 6, thrilled crowds on Barry Island and those on vantage points in the town.

As visit organiser John Buxton pointed out, Whitmore Bay provides a natural 'ampitheatre' for the aerial spectacle. Local photographers MIKE WILCOCK and JODIE REDBOURN captured the precision flying and some of the appreciative spectators. (Photos by Mike are marked 'MW' and those by Jodie are marked 'JR')

JODIE REDBOURN @aboveandbelowproductions (Facebook) www.aboveandbelowproductions.co.uk (to order images: 07887 670 010)

MW

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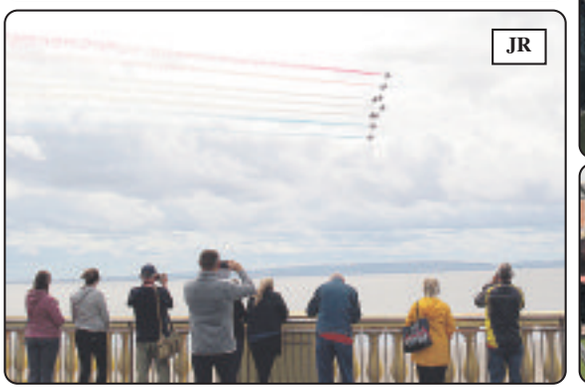
Left to right: Senior Aircraftwoman Hannah Smoker, Flight Display Director Barry Neal, Cambrian Transport MD John Buxton, Squadron Leader Mike Ling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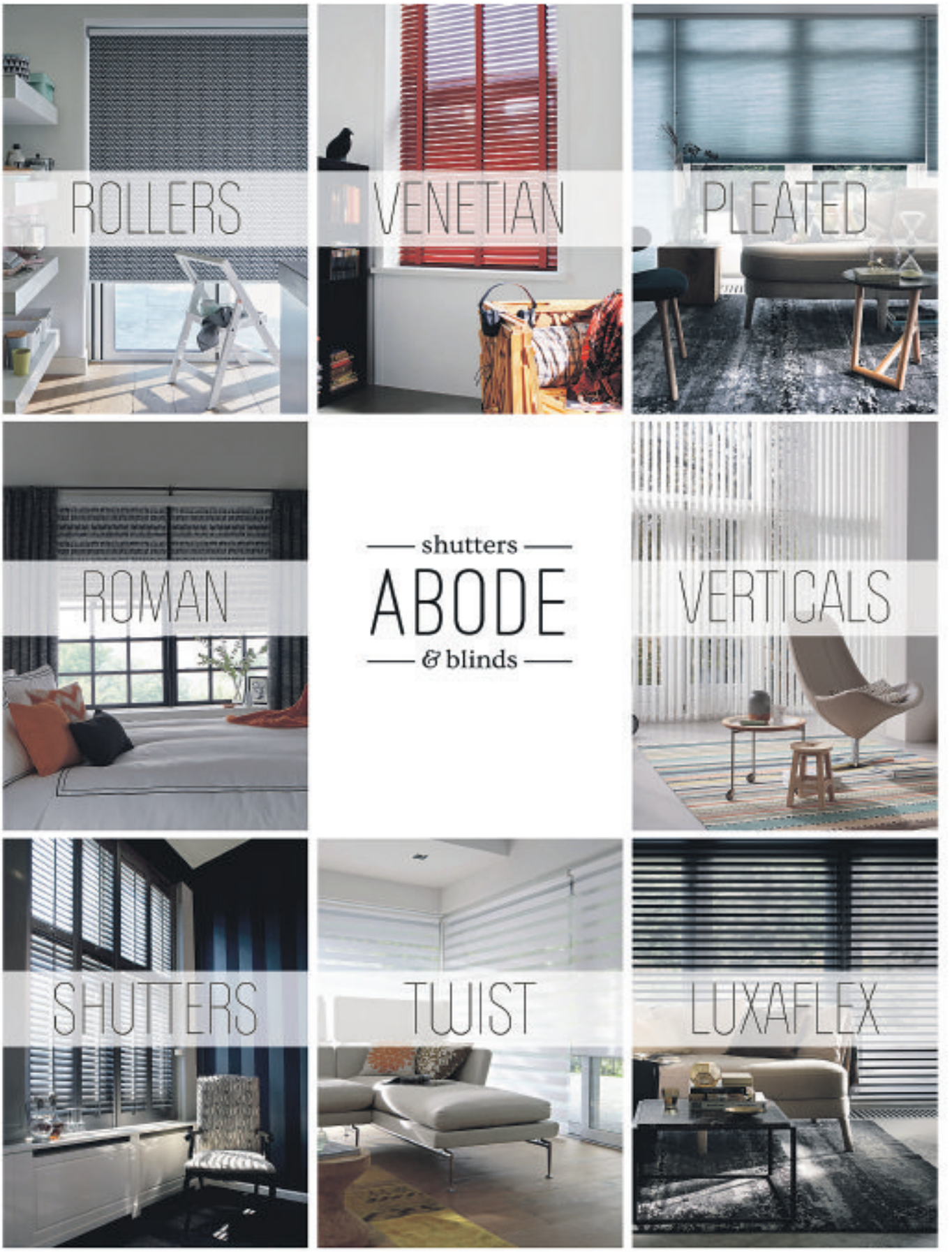

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Made in Dagenham at home in Barry!

WE would like to congratulate the Billboard Ensemble on their recent success, *Made in Dagenham – The Musical,* performed at the Memo Arts Centre.

From the moment the curtains went up, we were transported back to the '60s by the incredible set, costumes and beehives.

The cast and crew put on a fantastic show, and the audience were really drawn into the story of the 'Essex girls who changed the world'.

It was definitely one of Billboard Ensemble's finest productions.

We would like to thank people for their continuing support of local amateur dramatic groups, as they bring quality entertainment to Barry and the Vale.

Margaret Wilkinson and Julie Aviet, Vale Barry Town Councillors, Michaela Richardson and Helen Payne, Barry Town Councillors, Barry.

Nothing amateur about *Made in Dagenham*

I'D like to congratulate all the cast, musicians and backstage members of Billboard Ensemble on their sublime production of *Made in Dagenham,* which showed at Barry Memorial Hall between July 25-28.

The show was brilliantly brought to life by all, and sitting there you would think you were watching a professional production, rather than an amateur show.

Everyone involved should be extremely proud of producing a show that was uplifting and emotionally-engaging throughout, and the standing ovation at the performance I attended was richly deserved.

Congratulations again.

Gareth Jamieson,
Sports and entertainment correspondent, The Glamorgan GEM.

Penarth churches also nominated in 'Sacred Wales' competition

IN The GEM last week, there was an article about St Illtud's Church at Llantwit Major being nominated in the National Churches Trust 'Sacred Wales' competition to find the most popular sacred site or building in Wales.

Readers of The GEM may be interested to know that two churches in Penarth have also been nominated. They are St Augustine's Church – Penarth's only Grade 1 listed building – and Trinity Methodist Church.

To see all 50 nominated sites and to vote for your favourite, go to *www.sacredwales.org.uk*.

Voting is open until August 31.

Linda Guilfoyle, Vale of Glamorgan.

'Uneaten food a treat for us gulls!'

ON Sunday, July 23 at Castleland Street, Barry, from 6am to 6.30am whoopee – what a party!

The food was provided, courtesy of three bags of recycling.

A great time was had by all, and what fun we had ripping open those bags.

Being teetotal, we didn't bother with the beer cans and having no manners, we didn't use the paper party plates, either.

We left those and a load of unwanted items to decorate the street.

Having dined, we left the venue at 6.30am.

A gentleman left his bed and armed with a brush, rubber gloves and bin bag, picked up a great deal of the mess we so enjoyed making around his car, the pavement, and around an elderly neighbour's home.

Our host watched him with beady eyes, ready to swoop in case any uneaten food was still available.

We seagulls had such a great time, we can't wait for another party at the same venue.

However, there are a number of miserable party poopers who reside at this venue, who use the bags and bins provided by your council for the purpose of waste food.

How dare you spoil our fun... Thanks for the great party, though.

The Gulls, Barry.

Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

- **Letters and e-mails MUST include your FULL ADDRESS and a contact telephone number.**

B

We reserve the right to edit all letters. We do NOT accept anonymous mail.

Support from Ally's allies

WE, the undersigned *(and in the photograph above, taken doing voluntary work*) are friends of Aladar (Ally) Gerevich, who wrote to your newspaper a couple of weeks ago.

We are writing in support of him because of the unpleasant, pompous, and patronising response his letter received from Niclas Ap Glyn recently.

The latter dismissed Ally's disquiet of a nationalistic sentiment by Jane Hutt AM, and despite his apparent knowledge, is clearly ignorant of the power of words, of language and the effect they have.

Your correspondent is very fortunate to have no comprehension or experience of the ethnic and religious hatred that has taken place, emboldened by words and language, on the Continent, in Rwanda, and any number of other countries.

It does not – and I have experience of working in some of these places – begin with a fist, a gun or a machete: it begins with words to separate one group from another. It is "hate speech".

Charities and politicians here in Wales harp on about being 'Welsh for Welsh people' or 'Wales for Welsh people' and no amount of sidestepping by Mr Glyn can avoid it. It is in your paper most weeks.

Mr Glyn should read any one of a number of scholarly articles on the use of language to separate different nationalities to create and foster nationalism.

I recommend beginning with *Language as an instrument of nationalism in Central Europe* by Tomasz D E Kamusella.

He should also reflect on the words of Eric Blair [George Orwell] that: "...nationalism is power-hunger tempered by self-deception".

That definition fits, sadly, a number of my fellow Welshmen.

Helen Chutless (centre, above), Petar Gorsa, Brian O'Leary, Latif Mir, Colm Hughes, Dragan Tarlac, Huw Evans, Depan Sakwati, Ivenusz Palinski, Ally Gerevich, Jock Knox, Edward Barrett, Viktors Scerbatihs, Paul Fox and Morgan Redding, Bridgend.

Timing of consultation period 'not in public's favour'

I AM writing regarding the second round of consultations for the Barry Incinerator.

NRW have now released copies of their response to the last round of consultations for public response. The document is very large and made up of loose papers – not very professional.

Written for public consultation i.e easy to read, easy reference system, plain English, presented in a manner that would encourage anyone interested in reading it to do so? No.

They haven't exactly gone out of their way to put everyone's minds at res, or to say how good the incinerator (or whatever they wish to call it) is going to be for Barry and the Vale.

The timing was for August; time allowed to respond – 28 days. Length of report – you would probably struggle to read it in a day. To digest it and then formulate a response – a couple of days at least.

If people were hoping that Barry Town Council will once again commission a non-biased report to be produced by Capita, have you wondered how many at Capita will be on holiday? Have you wondered how many of the town councillors will be on holiday?

Have you wondered if the officer to procure the said report is on holiday? Have you wondered how many of DIAG will be on holiday?

I wonder how many of the public will on holiday during the consultation period?

I bet Biomass have.

So because of the timing, I wrote to our First Minister, Carwyn Jones AM, asking him to look into the timing of the consultation period and use his influence to ensure we are granted an extension in the consultation period. I also asked to him to ensure an announcement was given quickly on this.

His response? Automatic email; I can expect to wait up to 17 days for a response.

Dave Weston, Vale of Glamorgan.

Use money 'wasted' on cycle paths to maintain the roads

IN reply to Alan Peasey's letter in The GEM last week, regarding cycle path usage, cycle paths are there for cyclists to use.

They have been campaigned for by the cyclist, but paid for from the public purse.

There is no charge for using them, yet the "look at me, I'm saving the planet" brigade, refuse to use them because they are not kept clean.

He even suggests that the roads are "safer routes." Has he actually looked at the state of our roads lately? Furthermore, the writer also suggests that others should buy brushes and keep these paths clean. I would say that he should get off his high saddle and tackle this perceived problem himself.

I think the time has come to stop pandering to this minority group and put the money wasted on cycle routes that no one uses, to better use and make our roads better for everyone!

I'm sure cyclists would agree, as they seem to prefer riding on them.

Keith Jenkins, Barry.

An appeal on behalf of carers

DO GEM readers know that there are 6.8 million carers in the UK and every day another 6,000 people take on a caring responsibility?

Unpaid carers face huge challenges in providing care for disabled or older loved ones.

For instance, according to our own research, a third of carers have never had any significant time off since they started caring. Would your readers like to do something about that?

I work for a fantastic charity called Revitalise. We provide much-needed respite holidays for disabled people and carers at three accessible UK centres, and we're appealing to the nation on BBC Radio 4 to ask for more support for the nation's unsung army of carers.

Our appeal will be presented by our good friend, the writer and comedian Arthur Smith, who is a vice-president of Revitalise.

Arthur talks about his own experience as a carer for his mother Hazel, then goes on tell the story of Mavis and Colin, who recently benefited from a respite break with Revitalise, which helped sustain their relationship.

Mavis and Colin have been married for 56 years. When Mavis developed MS in her 20s, Colin gave up work to care for her, but was himself diagnosed with dementia in 2002 and Mavis is now his carer.

The appeal will be broadcast on BBC Radio 4 on Sunday, August 13 at 7.55am and 9.26pm, then repeated on Thursday, August 17 at 3.27pm.

To find out more about our appeal, visit our website: www.revitalise.org.uk.

Colin Brook, Revitalise.

What price the 'circular economy'?

WHAT do the EU, UK Government, Welsh Government, local authorities and global business (including Aviva) have in common?

They are all signed up in various statements of intent to become carbon neutral and introduce a circular economy.

On July 5, the Cabinet Secretary for Environment and Rural Affairs, Lesley Griffiths, spoke of her ambition for the Welsh public sector to be carbon neutral by 2030.

This statement is worth reading; it says that the public sector has identified ways of reducing emissions by 27 per cent, leading the way in UK recycling, reducing costs by 5 per cent and that – "*Wales is in the forefront of global action on climate change" and "introducing ground-breaking legislation of the Wellbeing of Future Generations Act"*.

The Welsh Government commissioned a report in 2013 from the Ellen MacArthur Foundation into the benefits of a circular economy for Wales.

The report stated that put fully in place, there could be material cost savings of up to £2 billion per annum and through extra economic activity, the creation of 30,000 jobs.

The latest investment in 2017 is £6.5 million and rising to £70 million over the next few years.

Reading the statement, it might be construed that for all the rhetoric, our Government is outsourcing its waste, and its responsibility, to the private sector – by allowing incineration at various sites in Wales, including Barry – thereby not including the wider society in their high-flown aims of carbon neutrality, better air, job creation and a healthier future.

But Government will tick environmental boxes at the expense of us all.

The latest statement from NRW says only clean wood will be incinerated, but after many submissions, Biomass 2 admit in their latest version that mixed and contaminated wood will be burned if a licence is granted.

Given the scant regard for the future generations of Wales shown by our leaders, it is no shock that a polluting incinerator has been sited just a few metres from the centre of Barry.

Leon Robertson, Vale of Glamorgan.

Go to **The GEM** for the latest stories and breaking news... **www.glamorgan-gem.co.uk**

No Coastal Communities funding for the Vale

NO organisations or projects in the Vale of Glamorgan received money in the latest round of the Coastal Communities Fund, it has emerged.

South Wales Central AM Andrew RT Davies visited Barry Community Water Activity Centre last week, where he met with Philip Walters and chairman Chris Basten.

They raised concerns that they had not had an opportunity to secure funding from the scheme and Mr Davies submitted two written questions to cabinet secretary for communities and children, Carl Sargeant.

Mr Davies asked when the next round of funding would become available, and how organisations could apply. He also asked how many groups in the Vale had benefitted from the scheme.

The funding was introduced by the Welsh and UK Governments, but is administered by the Welsh Government and the Big Lottery Fund, which this week announced £4 million worth of grants for coastal communities across Wales.

None of these was in the Vale.

Mr Davies said: "It was great to visit Barry Community Water Activity Centre when concerns were raised regarding Coastal Communities Funding. I put some questions to the cabinet secretary, but I'm still waiting on a response, I was disappointed to hear the announcement that no organisations from the Vale were included."

'Clean bill of health' for council

THE Vale Council has received further positive feedback from the Wales Audit Office (WAO) in its Annual Improvement Report on the authority for 2016/17.

The report brings together the conclusions of several inspections carried out during the year and gives the council a clean bill of health across a number of aspects of its performance.

The most recent report, which assessed how the council manages major service changes, concluded that the council "has a clear corporate framework for determining and delivering service changes and effective arrangements to support delivery."

It praised the council's Reshaping Services programme, which it said enabled changes to be managed effectively, and pointed to effective working between cabinet and senior managers, recognising the range of staff engagement and training that is carried out.

The Annual Improvement Report also gives an update on the WAO's Corporate Assessment report, released in August 2016, which evaluated the authority's capacity to deliver continuous improvement. That report concluded the Vale Council had "a clear vision of what it wants to achieve and is making positive changes which should ensure it is well placed to continue securing improvement".

Areas that were complimented included the clear vision of the council; effective leadership supporting the change agenda; and improving performance management arrangements. **AS**

Properties of the Week

Local Estate Agents showcase a selection of homes in your area to buy and to let.

PROPERTY MARKET 'BOUNCING BACK SINCE GENERAL ELECTION'

ACTIVITY in the property market across the UK is rising steadily after a brief slowdown was reported in the run-up to the general election.

New figures from NAEA Propertymark show estate agents are busier, with the average number of sales agreed per branch up from 10 in May to 11 in June. There was also a 10 per cent surge in the number of house hunters registered with each branch, up to 384 in June.

The proportion of sales made to first-time buyers also increased, reaching 30 per cent in June. This is the highest it has been in any month since January and an indicator of the growing opportunities available to first-time buyers in the current market.

Kevin Shaw, national sales director at property specialist Leaders, said: "The statistics and our own evidence suggest the market has bounced back since the general election and is now on a firm upward trajectory.

"It is common for major political events – such as an election – to cause a downturn in activity as sellers and buyers wait for the outcome. But with any uncertainty now in the past, more people are on the lookout for their next home and more sales are being agreed and completed.

"Of course, a busy June is no surprise as the summer months are exceptionally popular with home movers, but the fact the number of registered buyers was 16 per cent higher this June than in June 2016 underlines the fundamental strength of the market right now."

Recent figures from the Office for National Statistics revealed there was a 4.7 per cent increase in house prices across the UK in the year to May, as demand for property continues to outstrip supply.

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A sunny day on Barry Island draws locals and visitors alike to relax on the beach!

July was the month when the weather just couldn't seem to make up its mind to be fair or foul!

Not surprisingly, grateful parents quickly took advantage when the sun shone recently to take their bored offspring to the beach, during the long school holidays, where they were joined by hundreds of other local residents and visitors to the Vale seaside town.

PHOTOGRAPHS by **ANDY WICKS**
Telephone 07855 374478

Penarth visitors hear of charity's dementia-friendly plans for hospice

A GROUP of people living with dementia have visited a Penarth hospice to find out about a terminal illness charity's services – and to give staff tips on making it a dementia-friendly community.

Alzheimer's Society Panel members met the diversity project team and nurse inpatient manager Ceri Davies at the Marie Curie Cardiff and Vale hospice in Penarth.

The Service User Review Panel from Gwent and their carers, who are supported by the Alzheimer's Society, headed to the Marie Curie Cardiff and the Vale Hospice recently and following a tour of the hospice, there was a meet and greet for the visitors and a Q and A session, where the visitors answered questions from hospice staff about supporting people with dementia.

Monica Reardon, who leads the Including Diverse Communities in End of Life Care project, is aiming to ensure the hospice secures Dementia Friendly status, and invited the group along to help put a plan of action together to achieve this.

The group fed back that white walls were too clinical, and colour on some walls would help give the hospice a more homely feel. They loved the décor in the hospice's day therapy unit, and said the vibrant colours were stimulating.

Discussions were also held around crockery for people living with dementia at meal times, signs around the hospice being visual as well as literal and flooring being less patterned in bathrooms.

During the Q and A session, discussions were held around what would make someone living with dementia – and their carers – feel the hospice was safe and secure, and how they would want staff to discuss plans for future care.

"It was important to us to work with this group in putting together our dementia friendly plan," said Monica.

Linda Willis, Alzheimer's Society ambassador and member of the Service User Review Panel in Gwent, said: "We like being involved and it means a lot to us to be asked for our opinions."

Sue Phelps, director of Alzheimer's Society Cymru added: "Our partnership with Marie Curie reflects the importance we place on recognising dementia as a terminal condition and the need for compassionate, person-centred care and advanced care planning to best support people affected by dementia who are at the latter stages of the condition.

"We would also encourage staff to receive dementia-specific training to develop their understanding in order to effectively adapt care plans."

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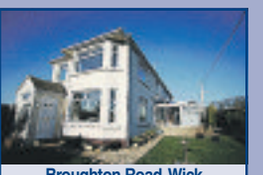

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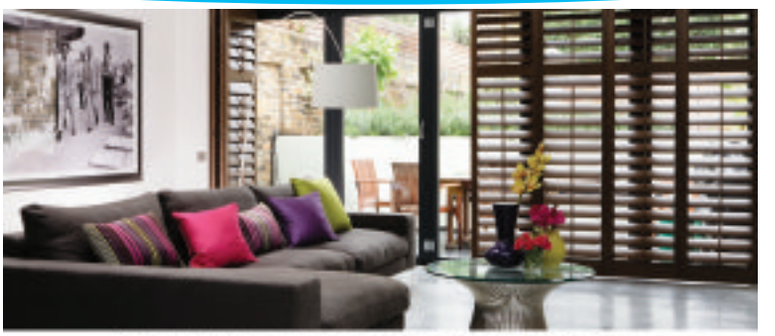

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Family Notices

COUZENS
Christopher John (Frank)

Peacefully at home with his loving family on Monday, 31st July, Frank, beloved husband of Roz. Much loved father to Richard and Michael. Devoted grandad to Edward, Francine, William and Robert. Father-in-law to Julie and Michelle.

Funeral service at St Illtyd's Church, Llantwit Major on Friday, 18th August at 10.45am, followed by private family cremation. Family flowers only, donations in lieu of flowers, may be sent to Marie Curie, Holme Towers, Bridgeman Road, Penarth, CF64 3YR.

RAWLE
Keith (Rum)

Peacefully at Marie Curie Hospice, Penarth, Keith passed away aged 75 years.

He will be greatly missed by his loving family and friends.

Funeral service in the Chapel at Coychurch Crematorium on Monday, 14th August 2017 at 2.15pm.

All enquiries to W.A. Brown & Son, 01446 792489.

Family flowers only, donations, if wished, to Marie Curie, Holm Tower c/o the Funeral Director.

WILLIAMS
Rosemary Jean (née Diaper)

Suddenly at home on July 30th, aged 86 years. Beloved wife of Gilbert Arthur, mother to Steve and Paul. Mother-in-law to Sandra and Janet. Loving grandmother to Kate and Jon, great grandmother to Olivia and Joseph.

Will be sadly missed by all family and friends.

Funeral service at Coychurch Crematorium on Monday, August 14th 12 noon. Family flowers only. Donations to the British Heart Foundation, Customer Services, Lyndon Place, 2096 Coventry Road, Birmingham, B26 3YU.

LEWIS
Ken

Peacefully on 29th July in Llandough Hospital, Ken, aged 84 years of Barry. Beloved husband of Glenys and the late Ethel. Much loved father and step father. Sadly missed by his grandchildren and great grandchildren.

Resting at A.G. Adams Funeralcare until the service in St David's Church, Colcot on Monday, 21st August at 11am, afterwards to Barry Crematorium. Family flowers only please, donations, if wished for Arthritis Research may be forwarded to the funeral home.

CLARK
Muriel Joyce (née Mace) (Joyce)

Sadly after a short illness at University Hospital of Wales, Joyce, aged 88 years. Loving wife of the late Ken, devoted mother to Christine, John, Glenys and Graham. Mother-in-law to Steve, Beverley, Mia and the late Bob. Beloved sister of Frances, Ron, Graham and the late Beryl.

Resting at A.G. Adams Funeralcare until the funeral service in the Chapel of Rest on Monday, 14th August at 11am, followed by committal at Cardiff & Glamorgan Crematorium. Donations in lieu of flowers to Bobath Childrens Therapy Centre, 19 Park Road, Cardiff, CF14 7BP

www.bobathwales.org

ALEXANDER
Mervyn Arnold

Peacefully on 1st August 2017 at home surrounded by his wife and family, Mervyn, aged 71 years. Beloved husband of Wendy, much loved dad of Tracey, Colette, Sadie and Neil. Loved father-in-law of Gareth, Stephen and Sherrie. Loving bampy to his grandchildren and great grandchildren. Barry Island has lost a favoured son in Mervyn and will be sadly missed by all his family and friends.

Resting at A.G. Adams Funeralcare until the service in the Chapel of Rest on Wednesday, 16th August at 12 noon, followed by committal at Cardiff & Glamorgan Crematorium. Family flowers only. Donations in lieu, if so desired, for Marie Curie or The RNLI c/o the Funeral Director.

WILLIAMS
Haydn

Passed away peacefully on Friday, July 28th, aged 95. Much beloved brother of Beryl, Dilys and Moira also respected and loved by all his nephews, nieces and their families both in Barry and Abertillery.

The family wishes to thank the management and staff at Orchard House in Barry and the nursing staff at Llandough for all of their efforts in Haydn's later years. Private family funeral.

LISCOMBE
Fredrick John

Died peacefully on July 29 at Orchard House Nursing Home, Barry. Dearly loved husband of the late Irene May, a loving father to Tyrone and Moya. He will be sadly missed by his grandchildren and great grandchildren.

Funeral service in the chapel at Coychurch Crematorium on Wednesday, 16th August at 2.45pm. All enquiries to W.A. Brown & Son 01446 792489.

PIERZCHALO
Rebekah Edith (née Morgan)

Rebekah passed away peacefully at home in Alloa, Scotland on Sunday, 30th July 2017. Dear wife of Mark, devoted mam to Amy and Adam, cherished daughter of Bryn and Edith, the much loved sister of Rachel and David.

Rebekah will be missed by all her family and friends.

Funeral Wednesday, 16th August, service at Holy Cross Church, Cowbridge at 2pm, followed by cremation at Coychurch Crematorium at 3.15pm. Family flowers only, donations in lieu may be made to Marie Curie Cancer Care and Strathcarron Hospice c/o Mel & Ron Watkins Funeral Services, 2, Hilda House, The Square, Pencoed, Bridgend, CF35 5NP. Tel: 01656 860545.

HUDSON
Una Margaret Ann

Peacefully at home on August 1st, Una, beloved wife of the late Frank, much loved mum of Rhys, Neal And Rhian. Adored grandma to Daniel, Joseph, Karys, James, Laura, Elliott, Sebastian, George, Amelia, Elias, Elena and Louis. Great grandma of Morgan and Leo. A loving mother-in-law of Katharine and Ferg.

Una will be greatly missed by all who knew and loved her.

Funeral service to take place at Cadoxton Methodist Church, Barry on Wednesday, 16th August at 11.30am, followed by interment at Methyr Dyfan Cemetery, Barry. Flowers may be sent to the funeral home or donations, if desired, may be made at the service to support 'Weston House', Specialist Residential Provision at Bridgend College in memory of Una.

Funeral Arrangements entrusted to Lyndsay Ellis @ The Vale Funeral Service. Tel 01446 407962.

HAWKINS
Gladwen (née Harry)

Peacefully at the Princess of Wales Hospital on 3rd August surrounded by her family, Gladwen, aged 91 years of Maes-Y-Bryn, Colwinston. Beloved wife of the late George. Cherished and much loved mum of Daphne, Gary, Billy, Keith, Lin and Sandra. Special mum-in-law to Miriam, David, Sinny, Joan, David and the late Catherine. Adored nan to all her grandchildren and great-grandchildren. Beloved aunt to her nieces.

Gladwen will be sadly missed by all her family and friends.

Funeral Thursday, 17th August, service and cremation at Coychurch Crematorium at 1.45pm. Family flowers only, donations if desired, may be made to Noah's Ark Children's Hospital Charity c/o Mel & Ron Watkins Funeral Services, 2, Hilda House, The Square, Pencoed, Bridgend, CF35 5NP. Tel: 01656 860545.

In Memory

LAYER
Alan
16 August 2016

I think of you in silence, I often speak your name, but all I have are fond memories and a photo in a frame.

With love Denise & Family xxx

Acknowledgement

MANLEY
John Henry (Jack)

23.11.1923 to 05.07.2017

Leah and family send a sincere thank you to all who came from near and far to say goodbye to dear Jack and for the lovely floral tributes received.

Also to the staff at A.G. Adams Funeralcare for their most attentive, professional service and The Cherry Orchard for the buffet and refreshments. Thank you also to the Rev. Robert Evans for his thoughtful service. My thanks and love to you all. Leah x

Anniversary

Congratulations

Andy & Liz Wellsbury

12 August 1967

Happy Golden Wedding Anniversary Mum & Dad

All our love Debbie, Richie, Fred and all our families and friends.

xxx

Thank You

Thank you
FRANCIS

Marshall and Kath would like to thank their wonderful family and friends for helping them celebrate their Golden Wedding Anniversary. Thank you for all the cards and presents we received. God bless you all.

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EXCITEMENT BUILDS AS THE VALE SHOW GETS UNDER WAY!

PHOTOGRAPHS by ANDY WICKS
Telephone 07855 374478

As the crowds poured into Fonmon yesterday, for the "most popular one-day Show in Wales" they were joined by photographer ANDY WICKS, who took these early snaphots as the excitement began to build. See more pictures by our GEM photographers in next week's issue, along with full results.

'FANTASTIC' SPORTS DAY AT BARRY COMPREHENSIVE

Jake Frost (standing) in the shot put.

ABOVE: The start of the year-7 100 metres race.

Mason Gunter, year-8, in the long jump.

BARRY Comprehensive School's sports day was recently held at Jenner Park.

Pupils from all year groups competed in track and field events throughout the day, demonstrating skill, ability, determination and resilience to fight it out for the points needed to be crowned house champions 2017!

This year saw a new initiative, where all pupils in every year group had to complete a 100m sprint, which ensured that everyone contributed to their house total.

Also, all other track events were 'open' and many pupils took the opportunity to compete in a number of disciplines.

The event was watched by a good sized crowd who witnessed some fantastic performances throughout the day, whilst staff officiated to make sure it ran smoothly.

Well done to everyone involved, and a massive thank you from the PE Department for making it such a successful school community day.

AC

New project aims to make pupils more 'disability aware'

Pupils taking the course at Jenner Park.

Primary schoolchildren across the Vale have learnt how to involve everyone in day to day activities, in a project organised by Disability Sport Wales.

The aim of the course was to learn more about what disabled children, young people and adults can do, as well as how children can include their friends in all PE and physical activities.

The project was launched in January and pupils from St Helens RC Primary School, Gwenfo Primary, Jenner Park Primary, Oakfield Primary, Palmerston Primary and St Athan all took part.

Now, local Scout groups have also shown interest in taking part. Members at the 11th Barry Sea Scouts were the first group to complete the training outside school.

The 2nd and 4th Barry Beavers and 1st Penmark Cubs also completed the course and achieved their disability awareness badges.

The 1st Penmark Cubs will put their training to good use with an inclusive archery session later in the year.

Simon Jones, the Disability Sport Wales development officer, said: "I spoke with Disability Sport Wales about talking to school pupils about disability inclusion training and the idea piloted in Cardiff.

"The message of the course is to show its okay to ask someone questions on what is the best way to get them involved if you're not sure.

"The feedback we've had has been brilliant, and it's great to see so many proactive schools in the Vale who want to make sure everyone has the chance to take part in sport and physical activity."

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2014 Honda Cr-V 2.2 i-DTEC EX Station Wagon 4x4 5dr 1 OWNER :FSH : NAV : LTHR :CAM, 69,000 miles, Red, SM14DZG £14,495

2014 BMW 3 Series 3.0 335d M Sport Touring Sport Auto xDrive 5dr (start/stop) ONE OWNER X DRIVE LEATHER NAVI, 28,000 miles, Blue, WP14BXB £21,445

2013 Hyundai Santa Fe 2.2 CRDi Style Station Wagon 4WD 5dr (5 seats) JUST 27,000 MILES FSH LOADED, Black, EN62HKJ £14,995

2014 BMW 1 Series 2.0 118d Sport Sports Hatch 5dr (start/stop) NAVIGATION : 74 MPG : £30 TAX, 52,000 miles, White, NL14FNZ £10,995

2014 KIA Sportage 2.0 CRDi KX-3 AWD 5dr (Nav) 1 OWNER : PAN-ROOF : NAV: LTHR, Silver, OU14MXS £11,495

2008 Land Rover Defender 110 2.4 TDi Hard Top 3dr NEW TDCI ENGINE : INVESTMENT, Silver, NX58YNT . .£14,995

2015 BMW X3 2.0 20d M Sport xDrive 5dr 1 OWNER 14,500 MLS NAV XENON, White, LJ65BTV £24,995

2013 Nissan Qashqai 1.6 dCi Tekna 2WD 5dr (start/stop) 1 OWNER FSH NVI PAN ROOF LTHR, Black, YC13OMM . . .£9,490

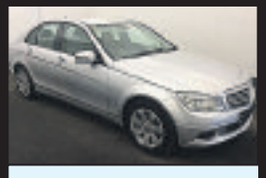
2012 Audi Q5 2.0 TDI S Line Plus S Tronic Quattro 5dr (start/stop) JUST 35,000 MLS, Grey, SW62AXU £21,995

2014 Land Rover Freelander 2 2.2 SD4 XS Station Wagon 4x4 5dr FULL LEATHER BLUETOOTH 190BHP, 32,000 miles, White, LR14LEU £17,490

2014 Mercedes-Benz A Class 1.6 A200 AMG Sport 5dr ONE OWNER FSH B/T AUDIO NAVIG, 65,000 miles, Blue, FT63KVZ £12,995

2016 Volvo V60 2.0 TD D4 R-Design Geartronic 5dr (start/stop) 74.2 MPG £30 TAX NAV LEATHER, 16,000 miles, Black, WD65SOE £17,790

2014 Ford Mondeo 2.0 TDCi Titanium 5dr (start/stop) 19,000 MILES FSH NAV 19"ALLOYS, Black, YS64UZP £14,995



2009 Mercedes-Benz C Class 2.1 C250 CDI BlueEFFICIENCY SE 4dr JUST 61,000 MLS FSH BIG VALUE, Silver, FY59KHT . .£7,995

2012 BMW 3 Series 2.0 320d Modern 4dr (start/stop) NAVIGATION AND UP TO 72.4 MPG, 32,000 miles, Bronze, DG62LHU £13,495

2013 Audi A6 Saloon 2.0 TDI Black Edition 4dr JUST 1 PREV OWNER FSH NAV LTHR, White, PJ63GYS . .£15,490

2011 Toyota Hilux 2.5 D-4D HL3 Crewcab Pickup 4WD 4dr 47,000 MLS 1 PREV OWNER NO VAT, Silver, DV61XGU . . . . . .£13,995 no VAT

2013 Ford Fiesta 1.6 TDCi Titanium X 5dr 1 OWNER FSH 85.6 MPG £0 TAX, Red, KV13ZHG £5,995

2014 Audi A3 2.0 TDI S Line Sportback 5dr 1 OWNER FSH 5 X AUDI STAMPS, Black, SD14WNC £11,490

2006 Volkswagen Golf 2.0 TDI DPF GT 5dr FSH : 9 X STAMPS 1 PREV OWNER, 68,000 miles, Black, WG56MHK £5,490

2010 BMW X1 2.0 20d SE xDrive 5dr 1 OWNER 13,000MLS FSH BIG SPEC, Silver, SC10FMZ £11,995

2013 Volkswagen Sharan 2.0 TD BlueMotion Tech SE MPV DSG 5dr FULL VW HISTORY : 7 SEATS, 43,000 miles, Blue, WG62GBE £14,995

2013 Ford Fiesta 1.5 TDCi Zetec 3dr FSH : £0 TAX : 85MPG NEW MODEL, 44,000 miles, Grey, NU63MJK £6,295

2012 Mercedes-Benz C Class 2.1 C220 CDI BlueEFFICIENCY AMG Sport Sport Coupe 7G-Tronic Plus 2dr JUST 23,000 MLS FSH NAV COUPE, Silver, BK62UAX . . .£13,995

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Glamorgan Pony Club off to championships

ON Sunday, July 23, Glamorgan Pony Club hosted the Area 10 (south Wales and borders) Show Jumping Qualifier at Alps Park Equestrian Centre in Wenvoe.

With a huge amount of organisation and planning, we managed everything except for the weather, which proved to be rather wet and made the competitions a bit more tricky, *a correspondent reports*.

With 36 teams and in excess of 130 riders, it was a long day. The competition started at 9am with the Open, which was won by Monmouth Pony Club. It was followed by the Intermediate class, where the going was quite slippery, with no teams qualifying – but two members, Evie Vaughan-Jones and Nonnie Medlicott, came out with first and second, qualifying for the championships.

Two other riders from Pentrych Pony Club were placed fifth and sixth, Abbey Parfitt and Emily Hunt.

Next came the Novice competition, with 14 teams vying for the two qualifying places. Two teams from the club entered – Glamorgan Red: Alice Pembridge, Clare Brown, Emilia Johns-Powell and Abbie Griffiths who were the first team to go, followed by Glamorgan Green: Josie Dix, Bethany Jarvis, Esme Freeman and Kate Brown. Alex Fenner also competed as an individual.

The Glamorgan Pony Club hosted the event at Wenvoe.

After two difficult rounds, two teams were neck and neck – Golden Valley and Glamorgan Green. Both teams qualified for the championships, with Golden Valley just coming out on top on time.

Glamorgan Red came fourth as a team, with Alice Pembridge fifth as an individual. Local rider Charlotte Tudor came second and Pony Club Dinas Powys team were sixth.

The championships will be held at Chomondley Castle, Cheshire on August 18-22. The club has an eventing team competing, plus individuals in dressage and intermediate eventing.

Finally, the Grassroots competition was aimed at younger riders for them to gain some experience of competing at a higher level, so they can qualify for the regional championships in Cirencester. This class was the biggest of the day, with 17 teams involved.

Glamorgan entered Team Orange: Hugo Morgan, Owen John, George Edgell and Rhys Ford and Team Purple of Elin James, Megan Francis, Cerys Richards and Alice Freeman. Neither team was placed, but all our riders did us proud, being some of the youngest riders there. Owen John came third as an individual, George Edgell was fifth and Megan Francis seventh.

All three will represent the club at the regional championships in August. Local rider Megan Tarney of Dinas Powys also qualified.

The club wishes to thank Nick Coles and Richard Conway for hosting the event at Alps Park and for their great support.

The club would also like to thank Millers Contractors, Cooke & Arkwright, Tyla Farm DIY, Layton Edwards, Cottrell Park Golf Resort, Freeman Eye Care, Arthur John & Co, C P Motor Services, Llantwit Self Storage, The Place for Homes, Vale Pet Sitters, B & W Equine Group, NFU Mutual, Vale Solicitors, Premier Forest Group.

Anglers sought for Llantwit Major charity competition

THE second Llantwit Major Charity Fishing Competition takes place on Sunday, August 20, to raise funds for Ty Hafan and Benjamin Morgan-Brownhill from Rhoose, who suffers from a rare kidney disorder.

The competitions held over the past six years have raised more than £9,000 for a bio-feedback machine for children with bladder disorders, Cystic Fibrosis (Imperial College, London), Marie Curie, The Stroke Association, Diabetes UK, Mental Health Awareness, Wales Air Ambulance and Jade's Wish to Walk.

These funds could not have been raised without the continued support from sponsors, donations from local businesses and the participating anglers.

For this year's competition, the organisers wish to thank Bobby Jones of Q-Cars, Treforest, for donating the first prize of £250; Marie Hughes of Llantwit Major Beach Cafe for donating the second prize of £150 and supporting the competition each year; Dai and Claire Loder for the third prize of £75 and Chris Davies Estate and Letting Agents for donating £50.

There will also be three other £50 cash prizes donated by BDP heating, Tata Sea Angling Club and SA1 Fishing Club. Raffle prizes have been donated by local businesses including Sunkissed, The New Best Kebab, Ben's Barbers, plus more prizes to be won.

Anglers can pre-book at Ewenny's Angling, Bob's Tackle, Garry Evans, Fishing World, Holton Road Angling, Keens or Llantwit Major Beach Cafe on the morning from 7am and enjoy a hearty cooked breakfast before the competition!

For further information, contact Mark on 07721 791210 or Sally on 07773 2773885.

Belle Vue bowls team slip up

PENARTH Belle Vue Bowling Club played Cadoxton Bowling Club in the Cardiff and District League on July 29, when Belle Vue came unstuck, going down to Cadoxton 86-56; 12 points to 2 points.

Rink one went down 12-19; the lead was Dave Bradley, No. 2 Richard Brant, No. 3 Paul Paterson and the skip who tried all he knew to stay in touch, but to no avail.

Rink two had only three players and they came to grief, losing 25-8. Lead was Gerry Field, No. 3 was Barrie Bagwell and the skip was Dave Purser.

Rink three went down 21-14 up against another very good rink. Lead was Colin Scammell and No.2 was Graham Duggen, No. 3 was John Allen and the skip was Les Aubrey.

Rink four was the only rink to win in a thrilling game. All the way through, Belle Vue were four down with one end to go but the skip performed to his very best to give five shots, winning by one shot, 22-21.

The lead was Frank Keen, No. 2 was Len Fowler, No.3 was Dave Miller, and the skip was captain Malcolm Thomas, who was outstanding.

Thanks to to Cadoxton for a lovely tea and making us most welcome.

FK

15 15 AUDI A3 1.6 TDI Sport 3dr, Bluetooth, dab, 17"alloys, 26k, white

14 64 AUDI A1 1.4 TFSI Black Edition 3dr s-tronic automatic, cruise, Bluetooth, 18" alloys, choice

13 63 RENAULT CLIO 1.2 16V Dynamique 5dr, sat nav, Bluetooth, cruise, alloys, 34k, met grey

14 64 FIAT 500 1.2 Cult 3dr Start/Stop, pan roof, Bluetooth, pdc, 12k, white with full leather

10 60 MERCEDES S350 CDI Blueefficiency 4dr 7-Gtronic automatic, AMG sports pack, sat nav, 19" alloys, heated seats, 59k, met white, full leather

13 13 NISSAN NOTE 1.5 DCI N-Tec + 5dr, sat nav, cruise, pdc, alloys, met red

13 63 MINI ROADSTER 1.6 Cooper 2dr, pepper + TLC pack, Bluetooth, heated seats, 31k, kite blue

15 65 VAUXHALL CORSA 1.4 I ecoFLEX SRI 5dr, Vauxhall warranty Dec 2018, cruise, Bluetooth, 9k, choice

15 15 AUDI A5 2.0 TDI Black Edition Plus 2dr Multitronic, Audi warranty April 2018, 19"alloys, sat nav, Bang & Olufsen, 24k, floret silver, full leather

14 14 RENAULT CAPTUR 1.5 DCI Dynamique 5dr, sat nav, Bluetooth, pdc, cruise, 17" alloys, choice

14 14 BMW 325 DM Sport 4dr (218bhp), sat nav, cruise, pdc, 31k, estoril blue, full leather

15 15 JAGUAR XF 2.2 D Portfolio 4dr automatic, Jaguar warranty April 2018, sat nav, heated seats, reverse camera, choice, full leather

15 15 VAUXHALL ASTRA 1.6 VVTI 16V Design Estate, air-con, cruise, aux, usb, 24k, silver

14 14 FORD FIESTA 1.5 TDCI Zetec 3dr, Bluetooth, alloys, aux, usb, 34k, red

14 64 ABARTH 595 1.4 T-Jet Competizione 3dr, Abarth warranty Sep 2017, Bluetooth, alloys, 9k, white.....**£12495**

15 65 ABARTH 595 1.4 T-Jet Yamaha Factory Racing, air-con, Bluetooth, 8k, white.....**£11995**

14 14 ALFA ROMEO GIULIETTA 1.4 TB Multiair Distinctive 5dr (170bhp), Bluetooth, cruise, dab, 23k, black **£9495**

14 14 AUDI A1 1.4 TFSI Sport 5dr, Bluetooth, dab, alloys, choice.....**£11495**

15 15 AUDI A1 1.6 TDI Sport 5dr, Bluetooth, DAB, 19k, white **£12495**

15 15 AUDI A1 1.6 TDI SE 3dr, Audi warranty July 2018, DAB, 19k, black.....**£11495**

14 14 AUDI A3 2.0 TDI S-Line 3dr (150bhp), sat nav, Bluetooth, black, half leather **£13495**

16 16 AUDI A3 2.0 TDI Sport 5dr Nav 5dr S-Tronic automatic, Audi warranty March 2019, sat nav, privacy, cruise, 14k, choice.....**£15995**

16 66 AUDI A3 2.0 TDI Quattro S-Line 3dr S-Tronic automatic (184bhp), sat nav, Bluetooth, cruise, dab, 18"alloys, 5k, met grey, half-leather **£22995**

16 66 AUDI A3 2.0 TDI Quattro S Line 5dr, Audi warranty Nov 2019, sat nav, cruise, 8k, black, half leather.....**£22995**

14 14 AUDI A4 2.0 TDI 177 Technik 4dr, sat nav, Bluetooth, 18"alloys, choice, full leather **£11995**

15 15 AUDI A4 2.0 TDI SE Technik Estate Multitronic, sat nav, Bluetooth, 18"alloys, utopia blue, full leather **£16495**

15 65 AUDI A4 2.0 TDI Ultra SE Technik 4dr, sat nav, Bluetooth, cruise, DAB, met blue, full leather **£15795**

17 66 AUDI A4 2.0 TDI Quattro S-Line 4dr Multitronic automatic (190bhp), sat nav, Bluetooth, cruise, pdc, 6k, met grey, half-leather **£25995**

16 66 AUDI A4 ALLROAD 3.0 TDI V6 Quattro Estate automatic, pan roof, sat nav, head-up display, cruise, reverse camera, 4k, silver with full leather.....**£35995**

16 16 AUDI A6 2.0 TDI Ultra SE Estate, Audi warranty July 2019, sat nav, Bluetooth, 20k, blue, full leather.....**£20995**

16 66 AUDI TTS 2.0 TFSI 310 Quattro Coupe automatic, Audi warranty Sep 2019, sat nav, 19"alloys, 7k, yellow, full leather **£31995**

15 15 BMW 116 D ED Plus 5dr, BMW warranty July 2018, sat nav, privacy, 21k, choice **£12995**

15 65 BMW 116 D M Sport 5dr, BMW warranty Nov 2018, sat nav, privacy glass, sat nav, Bluetooth, 23k, silver.....**£14995**

13 63 BMW 118 D Sport Plus 2dr convertible, 18"alloys, heated seats, black, full oyster leather.....**£13995**

15 65 BMW M135 3.0 M Sport 5dr automatic, widescreen navigation, 16k, white, full leather.....**£22995**

16 66 BMW 218I Sport 2dr (136bhp), sat nav, Bluetooth, DAB, 4k, met grey **£18995**

12 12 BMW 320 D Sport 4dr, heated seats, cruise, silver, full leather **£11495**

13 13 BMW 320 D Efficientdynamics 4dr automatic, sat nav, Bluetooth, 18"m sport alloys, grey, full leather.....**£11995**

13 63 BMW 330 D BluePerformance M Sport 4dr automatic (258bhp), widescreen sat nav, Bluetooth, 19"alloys, 29k, estoril blue, full leather.....**£17995**

15 64 BMW 330 D XDRIVE M Sport Gran Turismo 5dr automatic, BMW warranty March 2018, 19"alloys, sat nav, DAB, grey, full leather.....**£21995**

16 16 BMW 330 E Sport 4dr automatic Start/Stop, sat nav, cruise, pdc, 8k, choice.....**£21995**

15 15 BMW 418 D M Sport Gran Coupe 5dr automatic, BMW warranty July 2018, M Sport+ pack, sat nav, 19"alloys, reverse camera, 7k, black, full leather.....**£23995**

15 15 BMW 420 I Sport 2dr coupe (184bhp), BMW warranty May 2018, service pack, sat nav, xenons, white, full leather **£17995**

14 14 BMW 420 DM Sport 5dr automatic, 19"alloys, reverse camera, sat nav, 28k, estoril blue with full black leather **£20995**

15 65 BMW 420 DXDRIVE D M Sport Gran Coupe 5dr, BMW warranty Oct 2018, pro sat nav, 19"alloys, Bluetooth, choice, full leather **£22995**

14 64 BMW 430 D M Sport 2dr coupe automatic (258bhp), BMW warranty Oct 2017, sat nav, 19"alloys, 17k, estoril blue, full leather **£22995**

15 65 BMW 435 DXDrive M Sport 5dr automatic, M sport plus pack, 19"alloys, Harman kardon, 10k, white, full red leather **£27995**

14 64 BMW 518 DM Sport 4dr automatic, sat nav, Bluetooth, cruise, silver, full leather.....**£14995**

11 61 BMW 520 DSE 4dr, comfort seats, xenons, met blue, full beige leather.....**£9995**

14 14 BMW 520 D M Sport Estate automatic, panoramic sunroof, M sport plus pack, 19"alloys, Harman Kardon, sat nav, cruise, white, full leather **£19995**

14 64 BMW 520 DSE 4dr (184bhp), sat nav, Bluetooth, cruise, DAB, 39k, black, full leather **£15995**

15 15 BMW 520 D M Sport 4dr automatic (190bhp), BMW warranty April 2018, sat nav, Bluetooth, 18"alloys, choice, full beige leather.....**£19995**

16 66 BMW 520 DM Sport 4dr automatic 190BHP, sat nav, Bluetooth, digital cockpit, 5k, white, full leather **£24995**

14 14 BMW 730 DM Sport 4dr automatic, sunroof, 20"alloys, sat nav, met grey, full leather.....**£22995**

15 65 BMW 740 LI M Sport 4dr automatic, pan roof, park assist, 20"alloys, rear DVD's, in black, full beige leather **£44995**

14 63 BMW X1 XDRIVE18D X-Line 5dr, 18"alloys, heated seats, 15k, silver, full leather **£15495**

15 65 BMW X5 3.0 XDrive4.0D M Sport 5dr automatic (7-Seater), 20"alloys, sat nav, 12k, met white, full leather **£39995**

14 64 CITROEN C4 Grand Picasso 1.6 E-HDI Airdream VTR+ 5dr ETG automatic (7-seater) Citroen warranty Feb 2018, Bluetooth, 16k, white.....**£11995**

14 64 CITROEN C4 GRAND PICASSO 1.6 E-HDI Airdream VTR+ 5dr ETG6 automatic (7-Seater), Bluetooth, cruise, pdc, 35k, met red **£10495**

14 64 CITROEN DS3 1.6 E-HDI DStyle + 3dr, 17"alloys, cruise, Bluetooth, choice.....**£6495**

14 14 FIAT 500 1.2 Lounge 3dr, pan roof, alloys, 15k, choice.....**£5795**

14 14 FIAT 500 1.2 S 3dr (Start/Stop), Bluetooth, aux, usb, 23k, red, half-leather **£5995**

15 15 FIAT 500 1.2 S 3dr Start/Stop, Bluetooth, pdc, 14k, half-leather, choice **£6995**

14 14 FIAT 500C 1.2 Lounge 2dr convertible Start/Stop, Bluetooth, pdc, 19k, choice with half-leather.....**£7495**

10 10 FIAT PUNTO EVO 1.4 MultiAir 16V GP 3dr, air-con, Bluetooth.....**£3495**

15 15 FORD FIESTA 1.0 EcoBOOST 125 Zetec S 3dr, Bluetooth, USB, alloys, choice.....**£7995**

15 15 FORD FIESTA 1.0 ECOboost Zetec S Black Edition 3dr 140BHP, Bluetooth, 17"alloys, choice.....**£9995**

12 62 FORD FIESTA 1.25 Zetec 5dr, air-con, alloys, aux, usb, 35k, white.....**£5995**

15 65 FORD FIESTA 1.5 TDCI Titanium 3dr, Ford warranty Nov 2018, Bluetooth, cruise, USB, black.....**£7495**

14 14 FORD FIESTA 1.6 TDCI ecoNETIC Zetec 3dr, Bluetooth, USB, alloys, choice.....**£5795**

14 14 FORD FOCUS 1.0 T ECOboost Zetec 5dr, appearance pack, 17"alloys, Bluetooth, silver **£7995**

16 16 FORD FOCUS 1.0 ecoBOOST Titanium 5dr, Ford warranty April 2019, cruise, Bluetooth, 8k, blue.....**£12995**

14 64 FORD GALAXY 2.0 TDCI Titanium 5dr Powershift (7-seater) Ford warranty Nov 2017, Bluetooth, DAB, cruise, 21k, blue **£15995**

14 14 FORD KUGA 2.0 TDCI Titanium 5dr, cruise, Bluetooth, 24k, black, half leather **£12995**

15 15 FORD KUGA 2.0 TDCI Titanium AWD 5dr (180bhp), appearance pack, 19"alloys, Bluetooth, cruise, 20k, choice, half leather **£14995**

15 15 FORD KUGA 2.0 TDCI Titanium 5dr, appearance pack, Ford warranty March 2018, cruise, Bluetooth, privacy glass, 19k, choice, half leather **£13495**

14 63 FORD MONDEO 2.0 TDCI Titanium X Business 5dr, sat nav, cruise, full leather **£9995**

16 16 FORD S-MAX 2.0 TDCI 180 Titanium Sport (X-Pack) (7-seater) Ford warranty Sep 2019, sat nav, park assist, 13k, grey, full leather.....**£21995**

14 14 HONDA JAZZ 1.3 IMA Hybrid HST 5dr CVT automatic, sat nav, Bluetooth, cruise, alloys, 14k, black **£8995**

14 14 HYUNDAI IX35 1.7 CRDI Premium 5dr, sat nav, cruise, heated seats, full leather, choice.....**£11495**

15 15 HYUNDAI IX35 2.0 CRDI SE NAV 5dr automatic 4WD, Hyundai warranty April 2020, sat nav, reverse camera, grey, half leather **£12995**

15 65 JAGUAR XE 2.0 D Prestige 4dr, Jaguar warranty Dec 2018, sat nav, cruise, DAB, heated seats, black, full leather **£18495**

15 15 JEEP CHEROKEE 2.0 CRD Limited 4WD 5dr automatic, sat nav, pan roof, reverse camera, heated + ventilated seats, 18"alloys, choice, full leather **£18995**

15 15 JEEP RENEGADE 2.0 Multijet Trailhawk 5dr automatic 4WD, sat nav, cruise, pdc, heated seats, 12k, white with full leather **£17995**

14 14 KIA CEED 1.6 CRDI 3 ISG Estate, Kia warranty June 2021, sat nav, cruise, reverse camera, 24k, black **£10495**

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17 17 KIA OPTIMA 1.7 CRDI 2 Estate ISG, Kia warranty April 2024, sat nav, cruise, Bluetooth, 492 miles, black.....**£19995**

15 64 KIA PRO CEED 1.6 CRDI SE Ecodynamics 3dr, Kia warranty Feb 2021, sat nav, reverse camera, 19k, silver...**£10995**

14 14 KIA SPORTAGE 1.6 GDI 2 ISG 5dr, pan roof, Bluetooth, 19k, choice.....**£12995**

16 16 KIA SPORTAGE 1.6 T-GDI GT-Line AWD 5dr, Kia warranty July 2023, sat nav, reverse camera, 12k, black, full leather **£18995**

14 14 KIA SPORTAGE 1.7 CRDI 2 ISG 5dr, panoramic roof, cruise, Bluetooth, 44k, silver, half leather.....**£11995**

14 14 KIA SPORTAGE 1.7 CRDI 3 ISG 5dr, elec pan roof, 18"alloys, 26k, choice, full leather.....**£13495**

14 14 KIA SPORTAGE 2.0 CRDI KX-3 AWD 5dr, Kia warranty Feb 2021, pan roof, sat nav, heated seats, choice, full leather **£12495**

14 63 LEXUS IS250 Luxury 4dr automatic (204bhp), sat nav, reverse camera, 18"alloys, 30k, white, Half leather **£14995**

14 14 MAZDA 6 2.2 TD Skyactive SE-L 4dr, sat nav, cruise, Bluetooth, pdc, 27k, met red **£10995**

14 14 MAZDA 6 2.2 D SkyActive SE 4dr, sat nav, cruise, Bluetooth, 33k, met red.....**£10495**

14 14 MAZDA CX-5 2.2 D Sport Nav 5dr automatic 4wd, Bose, reverse camera, white, full leather.....**£14995**

14 14 MAZDA CX-5 2.2 DSE-L Lux Nav 5dr, sat nav, cruise, Bluetooth, pdc, met blue **£12495**

15 15 MERCEDES A200 CDI Sport 5dr, Mercedes warranty June 2018, reverse camera, cruise, 12k, blue, half leather....**£15995**

16 16 MERCEDES C220d SE Executive Edition 4dr, Mercedes warranty April 2019, sat nav, heated seats, cruise, 17k, silver, full leather **£18495**

14 64 MERCEDES C300 CDI BlueTECH Hybrid Sport 4dr 7G Tronic plus (Premium Package), Mercedes warranty Dec 2017, panoramic roof, reverse camera, Bluetooth, xenons, heated seats, silver, full leather.....**£19995**

15 65 MERCEDES CLA220 CDI Sport Estate 7G-DCT automatic, Mercedes warranty Nov 2018, sat nav, heated seats, 26k, white, half leather.....**£21995**

14 64 MINI COOPER 1.5 D 3dr, chilli + TLC pack, Bluetooth, cruise, 17"black alloys, white with black roof and mirror caps.....**£10495**

14 64 MINI COOPER 1.5 D 3dr Start/Stop, pepper + TLC pack, Bluetooth, in orange with black roof and mirror caps...**£8995**

15 65 MINI COOPER 1.5 D 5dr automatic, chilli + TLC + media XL pack, sat nav, Bluetooth, 16k, met blue with half-leather ..**£13495**

14 14 MINI COOPER 2.0 SD 2dr convertible 143BHP, chilli + TLC pack, cruise, PDC, met blue, half-leather **£10995**

16 16 MINI COOPER 2.0 SD 5dr (170bhp), chilli pack, sat nav, cruise, Bluetooth, DAB, 9k, choice **£14995**

14 14 MINI ONE 1.6 D 3dr (TLC & Pepper Pack) 17"alloys, Bluetooth, choice.....**£7995**

14 14 MINI PACEMAN 1.6 D Cooper 3dr, media + TLC pack, air-con, sat nav, Bluetooth, white **£9995**

13 13 MINI ROADSTER 2.0 Cooper SD 2dr, chilli + JCW sports pack, heated seats, bi-xenons, 27k, red with full leather **£9795**

14 14 MITSUBISHI ASX 2.2 DI-D 4 4X4 5dr automatic, panoramic roof, sat nav, reverse camera, white, full leather **£12995**

15 65 NISSAN JUKE 1.2 DIG-T Acenta Premium 5dr, sat nav, cruise, 11k, red **£10995**

14 14 NISSAN JUKE 1.5 DCI Visia 5dr, aircon, alloys, 24k, grey **£7995**

16 16 NISSAN JUKE 1.5 DCI Visia 5dr, Nissan warranty April 2019, aircon, alloys, 18k, choice **£9995**

14 14 NISSAN QASHQAI 1.2 DIG-T Acenta Premium 5dr, panoramic roof, sat nav, cruise, reverse camera, 22k, beige **£11995**

15 15 NISAN QASHQAI 1.5 DCI N-Tec 5dr, Nissan warranty April 2018, sat nav, cruise, reverse camera, 23k, blue.....**£13495**

15 15 NISSAN QASHQAI 1.6 DCI Acenta Premium 5dr (130BHP), Nissan warranty May 2018, sat nav, pan roof, reverse camera, choice.....**£13495**

16 16 NISSAN X-TRAIL 1.6 DCI Tekna 5dr (7-seater) Nissan warranty July 2019, pan roof, sat nav, 19"alloys, Bluetooth, 4k, met green, full leather.....**£19995**

16 16 NISSAN X-TRAIL 1.6 DCI N-Tec 5dr (7-Seater), panoramic sunroof, sat nav, reverse camera, Bluetooth, pdc, 10k, met green **£17995**

14 64 PEUGEOT 208 1.6 E-HDI Allure 5dr, Peugeot warranty Sep 2017, Bluetooth, cruise, USB, 14k, white **£7995**

15 15 PEUGEOT 2008 1.6 E-HDI Allure 5dr, Peugeot warranty March 2018, Bluetooth, DAB, 14k, choice, half leather ...**£9995**

11 61 RANGE ROVER EVOQUE 2.2 SD4 Pure 4x4 5dr (190bhp), Bluetooth, DAB, 41k, silver, full leather.....**£18995**

14 64 RANGEROVER SPORT 3.0 SDV6 HSE 4WD 5dr automatic, Landrover warranty Nov 2017, 20"alloys, sat nav, DAB, Bluetooth, 36, silver, full leather **£43995**

16 65 RANGEROVER SPORT 5.0 S/C V8 SVR 5dr automatic (550bhp), Landrover warranty March 2019, Carbon fibre pack, pan roof, elec side steps, 22"alloys, 8k, black, full leather.....**£87995**

15 15 RENAULT CAPTUR 1.5 DCI Dynamique 5dr, Renault warranty May 2018, sat nav, cruise, 17"alloys, 20k, choice.....**£8995**

15 65 RENAULT CAPTUR 1.5 DCI Energy Dynamique S 5dr, Renault warranty Oct 2018, sat nav, Bluetooth, PDC, 4k, silver/black **£11495**

14 14 RENAULT CLIO 0.9 TCE Dynamique MediaNav S 5dr Start/Stop, sat nav, Bluetooth, 22k, met red **£7795**

15 65 RENAULT SCENIC Xmod 1.6 DCI Energy Dynamique 5dr, Renault warranty Oct 2018, sat nav, PDC, 29k, red.....**£9995**

15 15 RENAULT TWINGO 0.9 TCE 5dr, Renault warranty April 2018, cruise, DAB, alloys, blue.....**£6995**

16 16 SEAT LEON 1.2 TSI SE Sport Coupe 3dr, Seat warranty Aug 2019, cruise, Bluetooth, USB, 5k, red **£10995**

16 16 SKODA OCTAVIA 2.0 TDI Vrs 5dr DSG automatic, Skoda warranty Sep 2019, sat nav, DAB cruise, 5k, blue, full leather **£17995**

14 14 SKODA YETI 1.6 TDI CR S Greenline II 5dr, Bluetooth, 25k, white, full leather **£10995**

14 14 VAUXHALL ADAM 1.2 I VVT 16V Jam 3dr, tech pack, Bluetooth, 17"alloys, cruise, DAB, 16k, choice.....**£5995**

16 65 VAUXHALL ASTRA 1.4 T SRI 5dr (150bhp), Vauxhall warranty Feb 2019, 17"alloys, cruise, Bluetooth, white **£10995**

15 15 VAUXHALL CORSA 1.2 Sting 3dr, Vauxhall warranty May 2018, cruise, Bluetooth, 15k, red.....**£5995**

14 64 VAUXHALL CORSA 1.4 I VVT Excite 5dr, Vauxhall warranty Dec 2017, Bluetooth, USB, 29k, silver **£5995**

15 15 VAUXHALL CORSA 1.4i ecoFLEX Excite 3dr, Vauxhall warranty July 2018, heated seats, Bluetooth, cruise, 11k, choice.....**£6995**

16 16 VAUXHALL INSIGNIA 1.8 VVT SRI 5dr, Vauxhall warranty July 2019, sat nav, 19"alloys, 15k, black **£10995**

14 14 VAUXHALL INSIGNIA 2.0 CDTI ecoFLEX Design 5dr, sat nav, cruise, choice **£7995**

16 16 VAUXHALL INSIGNIA 2.0 CDTI (170bhp) Ecoflex SRI VX-Line 5dr, Vauxhall warranty May 2019, 19"alloys, sat nav, cruise, DAB, privacy glass, 12k, met grey **£13495**

14 14 VAUXHALL MOKKA 1.7 CDTI ecoFLEX Tech Line 5dr, sat nav, cruise, PDC, 22k, white **£10495**

15 15 VAUXHALL MOKKA 1.7 CDTI ecoFLEX SE 5dr, Vauxhall warranty April 2018, heated seats, 18"alloys, 19k, choice, full leather **£10995**

15 15 VAUXHALL MOKKA 1.7 CDTI ecoFLEX Techline 5dr, Vauxhall warranty June 2018, sat nav, cruise, PDC, 10k, choice.....**£10995**

12 62 VW CC 2.0 TDI Bluemotion Tech GT 4dr, sat nav, Bluetooth, DAB, cruise, heated seats, pdc, 40k, full leather.....**£11495**

16 16 VW GOLF SV 1.6 TDI Bluemotion Tech 5dr, VW warranty May 2019, sat nav, Bluetooth, 11k, blue.....**£13495**

15 15 VW PASSAT 2.0 TDI Bluemotion Tech GT Estate, VW warranty Aug 2018, sat nav, privacy, 18"alloys, 20k, blue, half leather/alcantara.....**£16995**

16 16 VW SCIROCCO 2.0 TSI Bluemotion Tech GT 3dr 180BHP, sat nav, Bluetooth, pdc, 8k, black.....**£16995**

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15 15 NISSAN NAVARA 2.5 DCI Tekna Double Cab Pick-up 4dr, Nissan warranty April 2018, 17"alloys, heated seats, blue, full leather .....**£14495+vat**

15 64 RENAULT KANGOO MAXI 1.5 DCI LL21 90 Phase 2 Panel, Bluetooth, white.....**£4995+vat**

£7995

16 16 DS 3 1.6 BlueHDI DStyle 3dr, Citroen warranty April 2019, DAB, Bluetooth, 17" alloys, white

£10995

13 63 KIA SPORTAGE 1.7 CRD 3 5dr, sat nav, reverse camera, cruise, heated front + rear seats, in orange, full leather

£12995

15 15 BMW 118 2.0 D Sport 5dr, sat nav, sport plus pack, pdc, Bluetooth, red

£15995

14 64 BMW 218 DSE Active Tourer 5dr automatic, sat nav, park assist, heated seats, Bluetooth, 19k, silver, full leather

£8995

15 15 FORD FOCUS 1.0 EcoBoost Zetec 5dr, Bluetooth, 17"alloys, 20k, choice

£18995

14 14 BMW 420 DM Sport 2dr automatic, widescreen sat nav, 19"alloys, Harman kardon, estoril blue, full leather

£15995

14 14 BMW X1 XDrive 2.0 DM Sport 5dr, sat nav, reverse camera, pdc, 18"alloys, 28k, black sapphire, full leather

£16995

16 16 AUDI A3 1.6 TDI Quattro Sport 4dr, Audi warranty April 2019, sat nav, Bluetooth, 18"alloys, 13k, choice

£22995

15 15 BMW 535 DM Sport 4dr automatic (313bhp), 19"alloys, sat nav, Harman kardon, split fold rear seats, heated seats, full leather, choice

£35995

16 16 BMW 640 DM Sport 4dr automatic, m sport plus pack, 20"alloys, widescreen sat nav, heated seats, 6k, carbon black, full leather

£16995

14 14 BMW 320 DXDrive M Sport Estate (184bhp), 19"alloys, sat nav, cruise, 35k, estoril blue with full leather

£29995

15 15 BMW X4 XDrive 2.0 DM Sport 5dr auto, sunroof, widescreen sat nav, parking pack, folding mirrors, memory seats, 19"alloys, 19k, alpine white, full ivory white leather

£19995

16 16 BMW 320 DM Sport 4dr automatic (190bhp), sat nav, dab, pdc, 11k, silver, full leather

£10495

15 15 MINI COOPER 1.5 D 5dr, Harman kardon, pdc, dab, Bluetooth, privacy glass, electric blue

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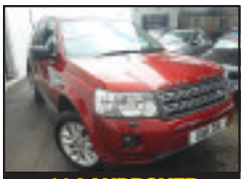
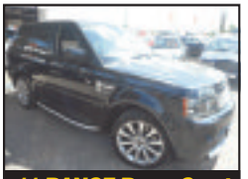


11 LANDROVER Freelander 2.2 TD4 XS
In met burgundy with tan trim, 65,000 miles, 4x4
£11,995



11 RANGE Rover Sport 3.0 TDV6 Autobiography
In black with black/cream leather, 59,000 miles, top of the range
£26,995

60 SAAB 9.3 Linear SE 1.9D Convertible
In black, 62,000 miles, full spec
£6,995

63 VOLKSWAGEN Tiguan 2.0 TDi Match Auto 4x4
In silver, 39,000 mile diesel
£13,995

60 LANDROVER Freelander 2.2 TD4 GS
In kosrae green, 79,000 miles
£9,995

15 **PORSCHE Panamera Diesel V6 Auto** In black with cream leather, 39,000 mile luxury 4-seater sports car at ..**£42,995**

11 **RANGE Rover Sport 3.0 TDV6 Autobiography Auto** met grey, 46,000 miles, superb example **£27,995**

11 **RANGE Rover Sport 3.0 TDV6 Autobiography Auto** met black with black/cream leather, 59,000 miles, top of the range **£26,995**

60 **RANGE Rover 4.4 TDv8 Vogue SE Auto** In black with beige leather, 75,000 miles.....**£21,995**

59 **LANDROVER Discovery 3.0 TDV6 HSE Auto 7-Seater** In silver with black leather, 59,000 miles, host of extras .....**REDUCED BY £2000 TO £21,995**

63 **MERCEDES E250 CDi AMG Sport Auto Convertible** In black, 32,000 miles superb, sat nav, heated leather seats .....**REDUCED BY £1000 TO £20,995**

63 **VOLKSWAGEN Tiguan 2.0 TDi Match Auto 4x4** In silver, 39,000 mile diesel .....**REDUCED BY £1000 TO £13,995**

12 **BMW 118i M-Sport Automatic Convertible** In met-red, 26,000 miles, very nice example.....**£12,695**

11 **LANDROVER Freelander 2.2 TD4 XS** In met burgundy with tan trim, 65,000 miles 4x4 .....**£11,995**

63 **MERCEDES C220 CDi Executive SE Blue Efficiency Estate** In met-grey, 82,000 miles with sat-nav.....**£11,495**

60 **LANDROVER Freelander 2.2 TD4 GS** In met-blue, 36,000 miles, 1 owner, 4x4.....**£11,495**

14 **NISSAN Juke 1.5 DCi Tekna** In red, 42,000 miles, sat nav, leather etc **£9,995**

14 **SKODA Octavia 1.6TDi CRS Elegance Auto 5-Dr** In white/black leather, 45,000 miles **£9,995**

60 **LANDROVER Freelander 2.2 TD4 GS** In kosrae green, 79,000 miles **£9,995**

64 **PEUGEOT 2008 EVTi 1.2 Active Automatic** In silver, 22,000 miles .....**REDUCED TO £8,995**

14 **VAUXHALL Insignia 1.8 SRi 5-Dr** In met silver, 30,000 mile family hatch .....**REDUCED TO £8,995**

63 **NISSAN Juke 1.6 Acenta** In white, 16,000 miles and very nice throughout **£8,995**

65 **VAUXHALL Corsa 1.4 Limited Edition 3-Dr** In red with black roof, 13,905 miles, 1 owner **£8,695**

62 **HYUNDAI i40 Blue Drive Style 1.6 CRDi Estate** In met blue, 57,000 mile, £30 road tax.....**£8,495**

14 **CITROEN DS3 1.6 Style** met blue/grey roof, 15,000 miles, 1 owner, fantastic example **£7,995**

13 **HONDA Jazz 1.3 i-VTEC ES Automatic** In red, 17,000 miles from new.....**£7,995**

13 **SKODA Octavia 1.2 TSi 3-Dr** In blue, 54,000 miles, 1 owner, fantastic MPG **£7,995**

13 **MINI 1.6 Diesel Cooper D** In black, 35,000 miles, with a/c, alloys etc **£7,995**

62 **FORD B-Max 1.6 Titanium Automatic** In met blue, 27,000 miles **£7,995**

10 **FORD S-Max 2.0 TDCi Zetec Automatic** In black, 68,000 miles, diesel 7-seater .....**REDUCED TO £7,995**

15 **SEAT Ibiza 1.4 Sport Coupe 'Toca'** In bronze, 7,000 miles **£7,695**

15 **VAUXHALL Corsa 1.4 SRi Ecoflex 3-Dr** In black, 23,000 miles **£7,495**

13 **MINI One 1.6** In red, 31,000 miles, 1 owner with alloys, climate, pepper pack .....**REDUCED TO £7,495**

57 **MERCEDES SLK 200 Kompressor Auto** In silver/red leather, 78,000 miles, convertible **£7,495**

64 **SUZUKI Swift 1.2 SZL 3-Dr** In black with white roof, 19,000 miles, 1 owner.....**REDUCED TO £6,995**

14 **VAUXHALL Adam Glam 1.4** In very berry with cream roof, 25,000 miles, 1 owner, bluetooth, pan roof etc .....**REDUCED BY £700 TO £6,995**

63 **CITROEN DS3 1.6 HDi Style-E** In encre met with white roof, 52,000 mile diesel hatch, free road tax **£6,995**

13 **PEUGEOT 3008 Aless HDi 5-Dr** In met red, 29,000 mile .....**REDUCED TO £6,995**

63 **RENAULT Megane 1.5 Diesel Coupe 'Knight Edition'** 40,000 miles, free road tax **£6,995**

63 **FORD Fiesta 1.5 TDCi Zetec 3-Dr** In black, 56,000 miles. 1 owner, free road tax **£6,995**

12 **VOLKSWAGEN Passatt 1.6 TDi 'S' BlueMotion Tech 6-speed Estate** In black, 80,000 miles.....**£6,995**

62 **VAUXHALL Insignia 2.0 CDTi Estate SRi Nav** In white, 67,000 miles.....**£6,995**

60 **SAAB 9.3 Linear SE 1.9D Convertible** In black, 62,000 miles, full spec **£6,995**

13 **SKODA Octavia 1.6 Diesel TDi SE Estate** In silver, 70,000 miles, £30 road tax.....**£6,495**

62 **VAUXHALL Astra 1.6 SE 5-Dr** In silver, 46,000 mile family hatch **£6,495**

62 **FORD Fiesta 1.4 TDCi Titanium 5-Dr** In black, 45,000 miles, diesel at.....**£6,495**

64 **SUZUKI Swift 1.2 SZ2 5-Dr** In white, 11,000 miles from new **£5,995**

64 **PEUGEOT 108 Active 3-Dr** In red, 23,000 miles, 1 owner, free road tax .....**REDUCED TO £5,995**

11 **SEAT Leon 2.0 TDi CR Sport 5-Dr** In silver, 45,000 miles.....**£5,995**

59 **SKODA Octavia 1.9 TDi Elegance Estate Automatic** In met-grey, 56,000 miles, 1 owner **£5,995**

13 **RENAULT Clio 1.2 Dynamique 'Media Nav' 5-Dr** In silver, low running costs.....**£5,695**

61 **SKODA Octavia 1.6 TDi 5-Dr Elegance** In met-grey, 68,000 mile diesel hatch **£5,695**

62 **SKODA Fabia 1.6 TDi CR 5-Dr Monte Carlo** In white with black roof and wheels, 76,000 miles **£5,495**

11 **CITROEN C4 Exclusive HDi 5-Dr** In met red, 53,000 mile, new shape diesel **£5,495**

59 **FORD Fiesta 1.4 Titanium 3-Dr** In hot magenta, 48,000 miles, full leather trim **£5,495**

13 **CITROEN C1 1.0 Litre 5-Dr** In silver, 1 owner, 12,000 miles, £20 road tax **£4,995**

61 **SKODA Fabia 1.4 SE 5-Dr** In red, 62,000 miles, 1 owner **£4,995**

60 **FIAT 500 1.2 Lounge** In white, 48,000 miles, £30 road tax **£4,995**

59 **VAUXHALL Insignia 2.0 CDTi Elite Nav** In met-burgundy/cream leather, 1 owner, 85,000 mile diesel..... **£4,995**

11 **FORD Focus 1.6 TDCi Sport 5-Dr** In white, 76,000 miles, alloys a/c etc..... **£4,695**

10 **FORD Fiesta 1.4 TDCi Zetec 3-Dr** In silver, 47,000 mile, £20 road tax **£4,695**

09 **FORD Fiesta 1.6 Titanium 3-Dr** In jupiter red, 60,000 mile, high spec model **£4,695**

13 **PEUGEOT 107 Active 1.0 5-Dr** In silver, 41,000 miles, a/c etc 'free road tax'..... **£4,495**

61 **HYUNDAI i20 Comfort 5-Dr** In met-grey, 33,000 miles, £30 road tax **£4,495**

61 **RENAULT Clio GT Tom Tom 1.5 DCi Estate** In met-grey, 76,000 miles diesel..... **£4,495**

11 **HYUNDAI i30 Comfort 1.6 CRDi 5-Dr** In met-burgundy, 69,000 mile diesel hatch **£4,495**

60 **FORD Fiesta 1.2 Edge 5-Dr** In met-blue, 65,000 miles, low insurance **£4,495**

10 **CITROEN C3 Airdream 5-Dr 1.6 Diesel** In silver, 67,000 miles, free road tax **£4,495**

59 **MAZDA 5 Furano 2.0 MPV 7-Seater** In met grey with ;eather trim, 84,000 miles **£4,495**

58 **FIAT 500 1.2 Lounge** In silver, 33,000 miles, with glass roof, a/c etc **£4,495**

11 **FORD Fiesta 1.6 TDCi Zetec 5-Dr** In black, 85,000 miles diesel..... **£4,295**

11 **FORD Ka 1.2 TDCi Titanium** In silver, 48,000 mile economical diesel, £30 road tax **£4,295**

61 **TOYOTA Aygo 1.0 'Go' 5-Dr** In red, 39,000 miles with sat-nav, a/c, £20 road tax **£4,295**

10 **FIAT 500 1.2 Sport** In yellow, 62,000 miles with Italia stripes, £30 road tax **£4,295**

61 **RENAULT Megane 1.6 Pzaz 5-Dr** In electric blue, 44,000 mile family hatch **£3,995**

59 **SEAT Ibiza 1.2 S 5-Dr** In red, 48,000 miles, 1 owner, low insurance..... **£3,795**

59 **CHEVROLET 1.8 Cruze LT** In black, 29,000 mile, family saloon **£3,695**

59 **CITROEN Belingo Multi Space 1.6 HDi XTR** In silver, 113,000 miles, very practical **£3,695**

53 **BMW 530i SE Auto** In black with black leather, 88,000 miles ..... **REDUCED TO £3,695**

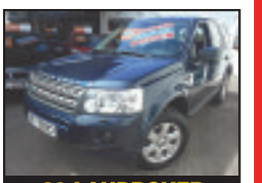
55 **MAZDA MX5 1.8 (new shape)** In electric blue, 90,000 mile sports convertible **£3,495**

59 **HYUNDAI i30 Comfort 1.4 5-Dr** In red, 86,000 mile family hatch **£3,295**

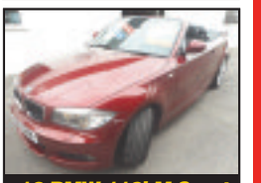
08 **SEAT Leon 1.6 Stylance 5-Dr** In zenith grey, 83,000 miles **£3,295**

57 **SUZUKI Swift 1.6 Sport 3-Dr** In met-red, 71,000 miles with a/c, alloys etc..... **£3,295**

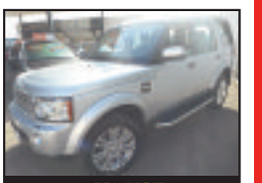
07 **FIAT Bravo 1.4 Dynamic T-Jet 150** In met-bronze, 60,000 miles **£2,695**



60 LANDROVER Freelander 2.2 TD4 GS
In met blue, 36,000 miles, 1 owner 4x4
£11,495



12 BMW 118i M-Sport Automatic Convertible
In met red, 26,000 miles, very nice example
£12,695



5V6 HSE
In silver with black leather, 59,000 miles, host of extras
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63 MERCEDES E250 CDi AMG Sport Convertible
In black, 32,000 miles, superb
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RANGE Rover Sport 3.0 TDV6 Autobiography Auto
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MEMORIAL BOWLING EVENT FOR LEZ ROGERS SMASHES A RECORD

The Lez Rogers Memorial Doubles is now in it's 11th year.

It is a tenpin bowling tournament in memory of Lez Rogers, an Airforce sergeant from Barry, who died in Melbourne, Australia, in 2006, before he could compete in the Commonwealth Championships.

He was the top Welsh bowler at the time of his death.

This year, it took place at the Astra Bowl in RAF Brize Norton, Lez's first Airforce posting. A total of 88 bowlers competed, and the first squad was at 6pm on Friday, July 21.

While it was the smallest of all the squads, with just seven teams, it was certainly the noisiest. All bowlers bowl as a doubles team with a handicap based on the entering average, and the team that scores the most on handicap after six games is the winner.

However, it is a tournament with a difference as rock music is played throughout. The majority are songs Lez liked or that his wife Kay and Lez enjoyed in their younger days.

The tournament also raises money for the British Heart Foundation and last year raised in excess of £500.

This year, a special shirt was produced for it with a small donation from each shirt also going to the BHF.

The bowl staff worked tirelessly all weekend and also played the music, and there was a very cosy atmosphere in the bowling centre.

While team numbers were down, the reason for this was due to other tournaments going on both home and abroad but still at 88 teams it was a respectable number.

Whilst the bowling was going on there were raffle tickets sold and two raffles were held over the Saturday and the Sunday.

There were some special prizes donated by Lez's mum, Brenda Rogers. She had made a basket full of Welsh food and drink and this was won by Judy Moffat (one of the 20 strong teams from the Big Boys Bowlers Club now regularly entering this event).

Brenda had also crocheted a blanket supporting our troops and, ironically, it was won by RAF bowler, Aaron Clark.

Saturday was a busy day and saw some good scores going in with the 'Gruesome Twosome' of Andy Preece and Sam Potts taking the lead.

By the end of the night, the score had been overtaken by the Welsh pairing of Gareth Roberts and Mike Williams.

The Sunday squads were all full and there were still some very good bowlers to come. However, Gareth and Mike hung onto their lead with 2,716 to take the coveted title.

Second went to Gruesome Twosome with 2,705, closely followed by Pinheads 2 on 2,695, featuring Jason Agate and James Footner.

The total raised for the British Heart Foundation this year was £688.25, totally smashing last year's amount.

A fantastic total and many thanks go to the kind permission of the Station Commander of Brize Norton for agreeing to host the event.

Everyone is already talking about the 2018 event and let us hope we can raise an even higher total. **KR**

ABOVE: Andy Preece and Sam Potts (runners up) with Mike Williams and Kay Rogers.

ABOVE: Kay Rogers and daughter Carrianne in the specially-designed bowling shirts.

ABOVE: The Lez Rogers Memorial Doubles winners, Mike Williams and Gareth Roberts.

Romilly's prospects improved by victory over Ystrad Mynach

After a poor performance the previous week against Gilfach Bargoed, Romilly's bowls team needed to bounce back with a win against visitors Ystrad Mynach to ease their league position in what's becoming a tight competition.

Ystrad Mynach were welcomed to Romilly Park last Saturday on a fine but breezy afternoon in a similar position to Romilly, requiring a positive result to improve their league position.

Romilly were hit by three late withdrawals but were able to call on Jerry Daly, Des Bannister and Fred Phillips.

The late changes didn't affect 'the Rom' as they got off to a positive start, leading by 13 shots by the end of the fifth with all rinks holding an advantage.

Between the sixth and 10th ends, the visitors reduced their deficit to eight, as Brian Foscolo's rink went behind by four, but Mike Doyle's rink of Kelvyn Mills, Terry Bloomfield and Gwynne Rees offset that by taking an eight-shot lead.

Graham Cogbill's rink was level while Jeff Wright's rink were holding four-shot advantage, leaving the overall score at this juncture 40–32 in the Rom's favour.

At the start of the second half it was imperative for Romilly to dig in and look for an unassailable lead and this was where Doyle's rink really got on top of their opponents, going 17 ahead by the start of the 16th end.

Also, Foscolo's rink of Gary Eastment, Paul Swannick and Alun Bryan fought back from four down to take a one-shot lead and the rink of Jerry Daly, Fred Phillips, Mel Newman and skip Wright were holding a seven-shot advantage.

Cogbill's rink, including father and son Alan and Des Bannister and at third ,Clive Collins had gone one down at this stage.

Going into the final six ends the Rom held a 26-shot advantage and were looking comfortable.

The rinks of Doyle and Wright continued to outplay their opponents for 13 and 12 shot wins respectively, while Foscolo's rink were having a great tussle,e with the score at 19–19 going into the last end where the Romilly rink made one shot to win 20–19.

Unfortunately, Cogbill's rink, although picking counts of three on the last two ends, lost out by four shots 18–22. Still, Romilly collected 12 points, winning overall by 22 shots (88–66).

Next week, the Rom have a difficult game away to table topping Ferndale.

Romilly's A team continue to struggle and are looking odds on to be relegated as they have struggled this season with numbers, but one positive is that their new players, Paul James, Phil Edwards, Stuart Simpson, Eric Fortt plus the return of Kenny Wesgate bodes well for next season.

Once again the Romilly Club are performing well in the Munro Cup with recent wins against Penarth Rectory and Cadoxton taking them to the top of the table, and if maximum points are gained over Penarth Belle Vue in the final game of the season should be sufficient to win the Cup this year. **FP**

Good tournament experience for Barry Chess Club Members

It's all over now. Twelve months to go before the next British Chess Championships.

A total of 103 players took part in the main championship. The Welsh contingent was three, with Lee Davis the sole representative of Barry Chess Club.

Lee was ranked 92nd out of the 103 players. The standard was clearly very high. After four rounds of play Lee was one of three players yet to trouble the scorers.

In round five, Lee was playing on board 51 and probably was so far away he couldn't see the top board. He broke his duck in this round with a draw and managed a further three draws in the final four rounds.

This gave him a score of two from nine and left him in equal 99th place, only a half point behind his seeding.

Amongst the other tournaments there was a British Weekend under 1825 event. Another Barry player, Sam Jukes, took part. From his five games, Sam managed two wins, two losses and a draw to finish on 2.5 out of 5.

Overall, both Lee and Sam returned home with a reduction in their personal ratings of approximately 30 points but I am sure they enjoyed the experience, even if it proved to be a little tiring.

The Barry Chess Club meets at 7:30 pm each Monday at the West End Club. St. Nicholas Road, Barry CF62 6QY. The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website, we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival. For more details visit our website at *http://barrychessclub.yolasite.com*

PHIL JONES, CLUB SECRETARY.

BARRY CENTRAL FIND VICTORY JUST SLIPS AWAY AGAINST SPLOTT

Windsor Penarth were the visitors to Barry Central on a damp Wednesday evening.

Although the rain eased off, they found the central green to heavy for them but kept in a very tight game to the end, with lead Des Hunt having a game to be proud of, putting the pressure on from the start.

The rink of Rob Pearce was a man short, just losing by a quarter of a shot, Central held on for a fine win.

Scores: Rink 1, J Bergland 12–12, M Hope; rink 2, R Pearce 11.75–12, Murdock; rink 3, T Kaged 14–10 K McLeod; rink 4, T Goddard 10–11 P Gunter. **Final score: 47.75–45.**

On Saturday in the CML, Central welcomed Splott Phoenix and were hoping for another win but sadly threw it away, holding a four-shot lead after five ends, increasing it to 15, and then leading by 10 with six ends to go, the home team fell away to lose by 5 shots.

Scores: Rink 1, T Goddard 33–6 R Pearce; rink 2, D Goddard 16–22 V Griffin; rink 3 J Bergland 14–23 G.Watts; rink 4, A Rogers 8-25 D Wilcox. Final score 71-76. This was a game that Central could and should have won but through inconsistent jack tossing by some leads it was not to be. **TK**

EVAN'S FFOS LAS WINNER

Llancarfan's Evan Williams saw his seven-year-old *Catcher On The Go*, ridden by Sam Hitchcott, win the Heineken Maiden Stakes over a mile-and-a-half on the flat at Ffos Las last Thursday.

A winner of a handicap hurdle at Ffos Las in June, *Catcher On The Go* beat the favourite Waterville Dancer by one-and-a-quarter lengths and was returned at odds of 12-1.

Brian Lee

Keegan signs for Cardiff City Academy

Keegan Saunders, Cardiff City under-9s' latest signing.

KEEGAN SAUNDERS recently signed for Cardiff City under-9s academy.

Keegan told The GEM: "I would like to thank Myles Case and New Broad Street Motors for sponsoring me this season.

"I will try my best and work hard."

Mixed week for Millwood

As the season approaches its climax games come thick and fast and Tuesday evening saw Millwood make the short trip to Romilly Park to play Romilly in the Brian Oliver Memorial Trophy game

After five ends Millwood held a narrow two-shot lead but over the next five the home team began to hit their stride and, with the honourable exception of the rink led by Brian Crockford, who won comfortably by 22–9, the Millwood rinks were beaten.

The game was played in its usual competitive manner and we look forward to next year's return fixture.

Saturday saw the return to the serious business of league competition and the club side travelled to Treharris/ Trelewis for a Division Four match.

With both sides in with a chance of promotion the stakes were high. After five ends the scores were level at 19 apiece but at 10 ends the home side had edged into a 45–31 lead.

After 15 ends Peter Taylor and his rink had edged into the lead, with Keith Davies reducing the deficit on his rink to three. These two skips managed to come out on top at the end of the matches.

Unfortunately, the remaining two skips, Brian Crockford and Gary Williams, were on the wrong end of the scores and overall Millwood lost by 84 shots to 65, taking four points to the hosts' 10.

Meanwhile, the Millwood A side were on their own mission against Ynysybwl in Division Seven.

After five ends, Millwood had edged into a 17–12 lead after 10 ends. This increased to 40–9 shots over the next five ends but after 15 ends the advantage had narrowed to 51–44!

Throughout the game Roy Gregory and his rink held the advantage over their opponents and won comfortably 22–13.

Geoff Stone and his rink dropped five shots over the last two ends but managed to win by 21–18.

Mike Williams and his rink had a ding dong battle with their opponents and unfortunately dropped three shots on the last two ends to draw at 16 shots each.

Meanwhile A team captain Brian Howcroft and his rink had been trying but not succeeding in overcoming their opponents. However, as the captain is often reminded, bowls is a team game and the overall result was a win for Millwood by 72–66, taking 11 points to our opponents three.

The reverse fixture is next Saturday at Ynysybwl, when we can expect a warm welcome.

BH

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Cowbridge junior rider triumphs at National Schools Jumping competition

Grace Gardner on **Brillview Quelle Surprise** *at the championships.*

A LOCAL rider representing a Vale school was victorious at the Hurstpierpoint College National Schools and Pony Club Jumping Championships at Hickstead on August 3.

Grace Gardner (14) from Cowbridge Comprehensive School came out on top in the Junior Individual competition in what was a very close jump-off.

Only 0.6sec separated the top three riders, with Grace finishing less than three hundredths of a second faster than Charlie O'Dwyer from Newbridge College, Kildare, in second place, and just ahead of Lingfield College's Lauren Caroline in third place.

Grace's win came courtesy of her 16-year-old showjumper *Brillview Quelle Surprise*, with whom she has qualified for the Pony Club National Championships.

"We rode here last year as a team but came 10th. " I never expected to win," she said.

MIXED WEEK FOR THE COWBRIDGE BOWLERS

It was not a good week for the Cowbridge bowlers as, apart from one game, all were played away during a week when greens were heavy following the rain.

Let's start, though, with some good news first and maybe bury the bad.

Last Tuesday in a rearranged Evening Triples Game Cowbridge welcomed Pontyclun to our green. The home team won on three of the four rinks.

Rink scores:

Gerry Lloyd, Guy Morton, Bob Penn – 18 - 15; Ken Payne, Gerwyn Watkins, Clive Pritchard – 25 - 17; Tom Purnell, Colin Wilson, Roger Barwick – 15 - 20; Phil Woosnam, Bryan Hole, Norman Wilkinson – 17 - 15. **Match score :- Cowbridge 75 Pontyclun 67.**

For the mid week Munro Cup game the men were away to Sully Sports. With their outdoor green unplayable the match was played indoors.

Cowbridge lost overall by 20 shots but drew on two of the four rinks. On one of the rinks that drew, Arwyn Rees made a his debut for the club and played well. **Match score:- Cowbridge 44 Sully Sports 64.**

The league game away to Llantisant A last Saturday was played in sunshine but following overnight rain, the green was heavy.

At the half way stage, Roger Barwick's team of Terry Dunsworth, John Wathes, Bryan Hole and Roger had a good lead but Llantrisant clawed their way back to a 17 - 17 draw.

Unfortunately, the other three Cowbridge rinks lost. Credit though, to the all 16 players who made themselves available for this game. **Match score : Cowbridge 54 – Llantrisant 86.**

There were four games for the ladies this last week, all away

Monday, July 31, a two-rink Evening League game against Llantrisant 2, the home team winning on both rinks **Match score:- Cowbridge 23 Llantrisant 2 37.75.**

Tuesday, August 1, away to Kenfig Hill and Pyle in a Cowbridge Shield game. The home team won on all three rinks. **Match score:- Cowbridge 41 – Kenfig Hill and Pyle 55.**

Thursday, August 3, away to Penarth in a league game. The home team won on all three rinks. **Match score: Cowbridge 22 Penarth 91.**

Friday, August 4, an evening league 2 rink game away to Cardiff G the table leaders. Congratulations to Diane Purnell, Tina Payne, Diane Lloyd and Dorothy Pritchard on the rink win 19 - 11.

Unfortunately Cowbridge lost overall by just five shots. **Match score :- Cowbridge 28 Cardiff G 33.**

To finish, a word of praise for Ladies Captain Lynda Wilson. Not only did she play in all four games but is leading by example and has played in every position this season.

Hoping for better results this week. We have games at home !!!

MB

Cowbridge victorious at Tondu Sevens – and now step up training

COWBRIDGE entered the prestigious Tondu RFC Evz 7's competition last Saturday and playing great 7's rugby, came away Community tournament winners.

With a squad brimming with pace and skill, the team won their pool defeating Blue Wolves 6 tries to one and Brackla by 9 tries to nil; but the match with Llantwit Major was full on and ended 2 ties to one. The first try was scored by Harry Thomas, with Hywel Williams securing the winning try.

Into the semi-finals, and Cowbridge played Porthcawl, cementing their place in the final with a fine 3 tries to one win.

The final was again against rivals Llantwit, minus their coach for an incident in the earlier rounds. Cowbridge went on to win this game with a magnificent three tries to one score line. Try scorers were Will Williams, Harry Thomas and Hywel Williams

This was very much a squad effort, so congratulations to; Jack Anderson, Hywel Williams, Ash Thomas, Ian Overton, Tom James, Will Williams Craig Boxall , Tom Harrison, Freddie Harries and Harry Thomas.

Coaches Leigh Davies and Dan Williams were delighted with the squad's standard of play and team spirit throughout and with the compliments received from officials about their all-round game and fair play.

On August 19, the squad take on Porthcawl away in a pre-season friendly. These warm-up games are vital to the progression of the squad and to measure improvement and areas that need that to be worked on.

Training is increasing as the season draws closer, now taking place on Tuesdays and Thursdays at 7pm on the club field . Coaches Leigh and Dan would be delighted to see new faces to add to the squad; so again, if you are interested, even if that means just trying it to see how it goes, then a great welcome awaits.

RK'RV

Promotion still in sight after convincing win for Second XI

On their previous encounter in 2017, Cowbridge Second XI lost to Porthcawl and with the league having reached a critical situation, the return match would be an important occasion.

It was clear from the outset that the weather and the Porthcawl pitch would play a significant role. There was a strong gusting wind across the pitch and the bounce was not only very different at the two ends, but also unpredictable.

Porthcawl won the toss and elected to field first. Openers David Gascoyne and Jonty Webb, limited by the conditions and tight bowling, made an uncharacteristically slow start, but one which controlled the accurate bowling of the Porthcawl openers until Webb, suffering from a 4am return from Mallorca, was lbw for 8.

Gascoyne was joined by Naveed Younas whose big hitting style unsettled the Porthcawl bowlers who were now becoming seriously erratic.

After Younas's departure for 26, Jo Russell joined his captain and demonstrated a different method of attack, using his reach and agility to punish balls outside the off stump which might well have been wides.

He made a valuable 19 runs before being dismissed and was then ably followed by Alistair Lawson who, using his knowledge of local conditions contributed a useful 13 runs and Ian Evans a valuable 16 not out.

Gascoyne was eventually dismissed for 43 after the fielder juggled the ball for long enough for him to reprise his whole innings. This was sadly one of the few catches that Porthcawl hung onto.

Cowbridge finished on 139 for 7 from their allocated 40 overs; a total that seemed about par given the difficult batting conditions.

In reply, Porthcawl were in trouble from the outset. With wind conditions of this nature and a difficult pitch, John Gilbert's accuracy (finishing with 2 for 29) made scoring difficult and risky, whilst at the other end Jo Russell, 3 for 7 from his 8 overs, bowled with venom and accuracy.

Porthcawl's innings slowly fell away as the required run rate steadily increased. Ian Evans with excellent figures of 4 for 16, and Naveed Younas with 10 runs from four quick fire overs of accurate spin continued the good work.

Sian Russell returned excellent figures conceding only eight runs from five overs, a real testament to her accuracy and Will Harris picked up a wicket, resulting in Porthcawl being all out for just 92.

There was a great contrast between the fielding of the two teams. Porthcawl had put down most of their catches whilst Cowbridge took theirs. Gascoyne took three behind the stumps and Lawson took another when a ball was hammered to him at chest height.

Both Sian Russell and Jonty Webb took good clean catches in the deep, whilst Jo Russell also took three including a huge skied effort at deep long-on.

It was a good natured match on a beautiful day, and what is more, Cowbridge won handsomely.

The Second XI, who are now third in the league and just three points behind next Saturday's opposition, travel to Kidwelly Town to play the game that will no doubt decide who will obtain the second promotion spot this year.

DW

JOHN FLINT WINS AGAIN

THERE'S no stopping the Vale's John Flint – on Monday, at Salisbury, his three-year-old *Love And Be Loved,* partnered by 3lb claimer George Wood, landed the Dartmouth General Contractors Ltd Handicap (Division 2) over a mile.

Love and Be Loved, a 9-2 chance, was winning for the second time this season, and on this form, a third win could soon be on the cards.

Wood made it a double when winning the closing Bathwick Tyres Salisbury Handicap over a mile and six furlongs, on the bottom weighted *Ocean Gale*.

Brian Lee